

# **Novena of the Flame of Love of the Immaculate Heart of Mary**

**EDITED BY:**

**THE FLAME OF LOVE  
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Our Lady of La Salette



Elizabeth Kindelmann was born in Budapest in 1913. At the age of eleven, she found herself orphaned by her father and mother. She could only study until the fourth year of primary school, but even that was part of God's plan for us to see that it is not her speaking to us, but God Himself through his "human instrument."

In 1946, she became a widow with six young children. The struggle to support her family proved extremely difficult, even superhuman.

Her providential mission began in 1961. From that time, we can know her spiritual journey, from the Diary handwritten on 423 pages by Elizabeth herself.

### **FATHER GABRIEL RÓNA, S.J.**

Father Gabriel Róna was a resident of Budapest, Hungary. He lived in Ecuador for thirty years. Providentially, it was at that time that he received the writings of Elizabeth Kindelmann. They were the heavenly messages speaking of the Flame of Love of the Immaculate Heart of Mary.



Father Róna invested himself heavily to the task of translating these writings from the Hungarian language into Spanish. Thank God for his perseverance and dedication, because it then became possible for large numbers of people to become acquainted with the messages from the Virgin Mary who has been doing so much for the souls of our time.

Father Róna assumed the role of International Coordinator of the Flame of Love Movement until August 2008; and Spiritual Counselor until April 2012.

(Father Gabriel, S.J.- Spiritual Diary, page 22)

## Novena of the Flame of Love of Mary's Immaculate Heart

### An urgent call from the Virgin Mary

Dear brothers and sisters,

Here are three examples of messages in which the Blessed Virgin urges us to unite with her for the sublime mission of saving souls by blessing and protecting families.

**Virgin Mary** – “Enter into battle, we will be the conquerors. My Flame of Love will blind Satan to the same extent that all of you spread it around the world. Just as the whole world knows my name, so I want the Flame of Love of my heart performing miracles in the depths of the hearts to also be known.”

(Spiritual Diary - October 19, 1962)

**Virgin Mary** – “And I, the beautiful ray of dawn, I will blind Satan. I will free this world darkened by hatred and contaminated by the sulfurous and steaming lava of Satan. The air which gave life to souls has become suffocating and deadly. No dying soul should be damned. My Flame of Love is already lighting up. You know, my little one, the elect will have to fight against the Prince of Darkness. It will be a terrible storm. Rather, it will be a hurricane which will want to destroy the faith and confidence of even the elect. In this terrible turmoil currently brewing up, you will see the brightness of my Flame of Love illuminating Heaven and earth by the effusion of its effect of grace I am passing on to souls in this dark night.” (Spiritual Diary - May 19, 1963)



**Virgin Mary** – “You must dedicate yourselves to blind Satan. The coordinated forces of the entire world are necessary to accomplish this. Do not delay because someday you will be called to account

for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned. Satan will be blinded inasmuch as you work against him.”

(Spiritual Diary - November 27, 1963)

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The Virgin Mary has much more desire to help us than we do to be helped. By placing our trust in Her Immaculate Heart, we respond to her love by giving her great maternal joy.

May this Novena be a powerful aid to you as you bring all your particular challenges—of family, community, the plagues and circumstances beyond our control—to our Lord and Lady in prayer.

During these nine days of the Novena, let us offer the Blessed Virgin any trial or sacrifice available to us, adding power to our prayers.

Here are some examples:

- Offer our day to God
- Visit the Most Holy Sacrament
- Attend Holy Mass
- Make sacrifices—big or small, fasting, etc.

Let us be inventive in order to delight Mary and shape our efforts to our daily lives in all their great variety.

God responds to the trusting prayers of his children.

If one of our requests is not answered immediately, let us remain in peace, trusting God, because it means that God has something better and greater than what we asked for. May this truth grow and become complete trust for us.

## **Initial approach and prayers for each day of the Novena**

1. Each day, before reciting the prayers of this Novena, we light a candle and begin by making the sign of the cross five times while taking refuge in the five wounds of Jesus.
2. We pray for the intentions of our Blessed Mother and we also ask her for graces for each of our personal intentions. The most important thing is to live every step of this Novena with a generous loving heart—with a living faith and a deep recollection.
3. We take a moment to acknowledge our faults and ask God's forgiveness:

### **Act of contrition**

**My God, I am very sorry for offending you because you are infinitely good, infinitely kind and you hate sin. Forgive me by the merits of Jesus Christ my Savior. I resolve, by your holy grace, not to offend you and to do penance. Amen.**

4. We ask for the outpouring of the Holy Spirit on all humanity for the salvation of souls.

### **Invocation of the Holy Spirit**

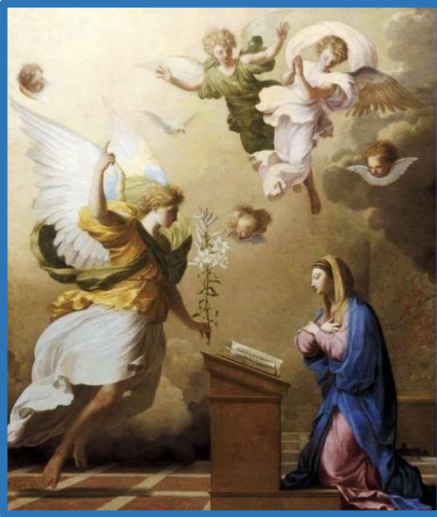
**Come Holy Spirit, come by means of the power of the Flame of Love of the Immaculate Heart of Mary. (3 times)**

Read the entry for each day (Day1, Day 2, ...), during the 9 days

## Day One

### Mary's work for the salvation of souls

**"I am the servant of the Lord; May it be done to me according to your word!"** (Luke 1:38)



These are Mary's words to the Archangel Gabriel in response to God's call on her.

Like Mary, God has a plan for each of us, and we must unite with the Flame of Love of her Immaculate Heart and follow her faithfully in her mission as Mother of the Church. She asks us to save as many souls as possible, by our prayers and sacrifices.

**Virgin Mary** – “My little Carmelite, in the silence of the night, I want to speak with you.

Pay attention to what I say, but continue to rest. You know how my heart is immensely in pain. Satan is sweeping souls away in a terrifying way.

Why do you not all try your best to stop him and do it as soon as possible? I need your help. My heart is burning with sorrow because I see how many souls are being damned. Many are dragged away in spite of their good will. With a sarcastic smile, the Evil One extends his arms, and with terrible malice, he drags away those for whom my Divine Son suffered unspeakable torments and death. Please, help!”

(Spiritual Diary - May 14, 1962)

### Moment for reflection

1. Do we desire to live as true Christians who care about the salvation of souls?

2. How can we best collaborate with the Flame of Love of the Immaculate Heart of Mary in order to obtain the salvation of souls?
3. We can change the terrible situation of the loss of souls. We can pray, united with the Most Holy Trinity, with the combined intercession of the Most Holy Virgin, of all the saints, and of those souls freed from purgatory by our prayers.
4. Have we offered a night vigil of prayer to our Holy Mother?

**Intention**

We pray for salvation of souls, for our own sanctification and that of all those we carry in our hearts.

**Final prayers suggested for each day (go to page 22)**

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**Elizabeth Kindelmann, 1978**

## Day two

### The Prayer of the Flame of Love of Mary's Immaculate Heart - A way to save souls

The actions of God's enemy, Satan "the devil", with his dark resources and demonic tricks, seep into all levels: the denial of God; division in the family; immodesty and lust; abortion; occult rites; power and domination; money and the desire to possess more and more; wars, etc.

What a comfort for us to fully receive and use the simple way offered to us by the Virgin Mary to obtain victory over evil.

**Virgin Mary** – “When you say the prayer that honors me, the Hail Mary, include this petition in the following manner:

‘Hail Mary, full of grace... Pray for us sinners, **SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY**, now and at the hour of our death. Amen.’”

(Spiritual Diary - October 1962)

The competent bishop asked Elizabeth: “Why the very old Hail Mary should be recited differently?”

**Jesus** – “It is exclusively thanks to the efficacious pleas of the Most Holy Virgin that the Most Holy Trinity granted the effusion of the Flame of Love. By it, ask in the prayer with which you greet My Most Holy Mother:

“**SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY**, now and at the hour of our death. Amen.’ So that, by its effect, humanity is converted.”

**Virgin Mary** – “I do not want to change the prayer by which you honor me; the Hail Mary. By this petition, I want rather to shake humanity. This is not a new prayer formula; it must be a constant supplication.”  
(Spiritual Diary – February 2, 1982)





## Moment for reflection

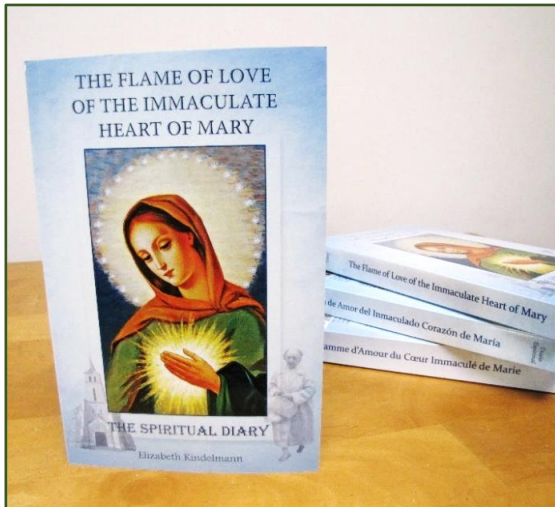
1. Do we confidently recite the Hail Mary by adding the powerful plea of the Flame of Love?
2. Elizabeth Kindelmann's *Spiritual Diary* teaches us and invites us to know the requests made by the Virgin Mary and Our Lord Jesus Christ to save loved ones and other souls. Do we take the time to read it and meditate on it?
3. What is our level of commitment to spread the Flame of Love of the Immaculate Heart and to obtain the salvation of people around us?

## Intention

We recite as often as possible the prayers of the Flame of Love of the Immaculate Heart of Mary, as a powerful means to save souls.

**Final prayers suggested for each day** (go to page 22)

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**THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY**  
**Elizabeth Kindelmann's Spiritual Diary**

## Day three

### Mary and Holiness

Humanity cannot be converted without the sanctification of each human soul, hence the obligation to decide for holiness.

Jesus exhorts us to do so by saying:

**"You, then, be perfect as your Heavenly Father is perfect.**  
(Matthew 5, 48)

There is no holiness without humility. Humility will always grow in the soul that is on its way to holiness. The more the soul humbles itself, the more holiness grows in it. From our humble confidence in God, springs the procession of all other virtues. Every moment of Mary's life was a continual "Yes" to God's will. Why? Because Mary is the humble one who, in total submission, accepted God's Will for her life: to be the Mother of the Savior: to go to Bethlehem to obey the census edict, to flee to Egypt, to welcome the prophecy of Simeon, to see her Son die on the Cross, to witness his burial, etc. Let us observe Mary who takes jealous care to preserve humility in the heart of her messenger Elisabeth and so protecting her holiness.

**Virgin Mary** – "My little one, why did you try so hard? Why did you want to speak eloquent words on behalf of my Flame of Love? Keep before your eyes that you are destined for suffering. Remember also the words my Divine Son told you:



1958

'Give yourself to suffering and sacrifice yourself ceaselessly.'

Your sufferings are not in vain, but it is not for you to worry about who understands my Flame of Love.

Do not be surprised, my little instrument, that you cannot speak eloquent words. I am the one who acts and who enkindles the Flame of Love in the depth of hearts. I am the one who confused your words and darkened your mind.

I did not want any pride in your soul. That would be a great fault. You, little instrument, be reasonable and totally humble. You are an instrument in our hands.

We care for you and allow no sin to come close to you. Be careful in all your temptations. The Evil One takes advantage of every situation to shake your humility.”

(Spiritual Diary - December 17, 1962)

**Jesus** – “With each beat of your heart, repent of your sins. Make reparation and console Me. If your love decreases, turn to our heavenly Mother and she will fill your heart with abundant love for Me. I am grateful to you because your heart suffers with Me, beats in Me. Never tire of contemplating My sacred Wounds, from which you will always draw strength. Offer yourself to the Eternal Father. Abide within the Most Holy Trinity.

In temptations, flee under the mantle of our Mother. She will defend you from the Evil One who will continually trouble you. I will be with you if you stay close to Me. No one and nothing will snatch you from Me.”

(Spiritual Diary - Between March 4 and 7, 1962)

### **Moment for reflection**

1. Do we desire the peace that holiness brings? How will we achieve this?
2. Do we guard and preserve the sanctifying grace we received at baptism?
3. Do we faithfully love the Unity Prayer Jesus gave us (page 28) in order to be united with Him at every moment in our lives and to let Him transform our hearts?

### **Intention**

We renew our decision for holiness and we live every day in the Grace of our baptism—always choosing good and renouncing evil.

**Final prayers suggested for each day** (go to page 22)

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## Day Four

### Mary and the Holy Cross

The Virgin Mary was at the foot of the cross of Jesus. She suffered terribly to see her Son die in such agony. Out of love for God and for us, she always accepted her sufferings because she knew the value of each of them and so she lived them, loved them and offered them as a gift to God for the salvation of souls.

Today, Mary also accompanies us in our sufferings. By her example, she invites us to accept them with deep humility and immense love so that the Flame of Love of her Immaculate Heart may blind Satan with greater force. Then many souls will become healed and holy under the effect of its soft light and comforting warmth, so bringing us to participate in the work of salvation.

**Virgin Mary** – “In the course of your long struggles, I am now going to tell you why I chose you the first to be handed the Flame of Love. You have yourself recognized that you are not worthy of this. This is the pure truth. There are many souls more worthy than you. However, the graces I have bestowed upon you and the sufferings you endure with such great fidelity have made you the chosen one...



... I will tell you. Listen, my daughter, you are also the mother of a large family. Through your children you know all the pains and problems of a family. Many times, you were close to falling beneath the cross of difficult trials, and you still experience many sorrows over your children. Bearing such ordeal is meritorious for you and for any mother.” (Spiritual Diary - November 19, 1962)

**Jesus** – “No matter how painful, accept this suffering. You are receiving graces that other souls would only receive over a period of several decades. Be very grateful for that. My Mother’s Flame of Love is always compelling. I told you many times, you have been chosen as one of her most favorite.” (Spiritual Diary - August 1, 1963)

## Moment for reflection

1. There is no true love without the cross of sacrifice. In trials, do we act on Mary's example and offer up our sufferings?
2. Does our love for the Virgin Mary, for our family and for souls inspire us to offer our sufferings for them?

## Intention

May we accept our cross every day with immense love in accordance with the Will of God.

**Final prayers suggested for each day** (go to page 22)

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**Elizabeth and Holy Face - 1983**

## Day Five

### Mary, Mother of the Eucharist

In saying Her 'Yes' to God, Mary intimately contributed to the Incarnation of the Son of God. She brought the elements, so that the body and blood of the Savior that become present in the Eucharist formed in her body. It was the first time that a human being received the body of Christ.

And we could say that Mary's visit to her cousin Elizabeth was the first procession with the Body of Christ. On her way to Elizabeth's house and return to Nazareth, Mary and the Most Holy crossed the villages and fields that were blessed and sanctified by the Savior.

With what affection, what piety and delight Mary carried the Son of God in her womb! This sublime motherhood of Mary brings us to an intimate contact with Jesus when we receive him in Holy Communion. Let us look with Mary at the face of Jesus in the Eucharist.

Let us contemplate with Jesus his Holy Presence in the Eucharist and His holy desire to be united at all times to each of us.

**Jesus** – “My daughter, do not misunderstand Me. I will continue to be with you in Holy Communion. There, I will await your coming as I did today. Be loyal, do not seek consolations. Renounce yourself and love only Me. Let only the Holy Spirit of Love fill your heart. Love Me as an infant wrapped up in his white swaddling clothes. Seek Me like My Mother once sought Me among the crowd with an anxious heart. And wherever you are, rejoice because of Me! Think of Me when you need a helping hand. If you think to be in need of fatherly support, look up to the Eternal Father, and with the Holy Spirit, be immersed in our love.” (Spiritual Diary - April 20, 1962)



## Moment for reflection

1. What place does devotion to the Virgin Mary and the Holy Eucharist take in our lives?
2. Do we recognize the transformation that is taking place in our hearts through Holy Communion?
3. Do we receive the Eucharist often, as the preferred way to be united with Jesus and to sanctify ourselves?

## Intention

We participate in communion with Jesus as much as possible in the Eucharist and, if we cannot do so, we receive him spiritually as often as possible in our hearts.

**Final prayers suggested for each day** (go to page 22)

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## Day Six

### The United Hearts of Jesus and Mary

The love that unites the Holy Hearts is infinite. The Eternal Father spreads the Spirit of Love of Jesus and Mary over humanity. If we love Mary, we love Jesus. A mother's heart is always united through time and space with her children. Let us ask God to love the united hearts of Jesus and Mary with all the intensity of our souls.



**Jesus –** "Love Me even more and with greater fidelity. Do not tire of hearing My continual complaints. I complain much, My little one, because so few listens to Me. I complain in vain to My consecrated souls. They do not enter into the intimacy of their own heart. If so, they would hear My laments. How greatly I need to tell them how to promote the coming of My Kingdom." (Spiritual Diary - July 2, 1962)

#### Moment for reflection

1. Do we pray to the united Hearts of Jesus and Mary for consecrated souls?
2. Do we frequently console the two Hearts of Jesus and Mary with our choices for love and charity?
3. The Flame of Love of the Immaculate Heart of Mary gives new meaning to our lives. Do we spread joy, enthusiasm and love to ignite the hearts of those people around us?

#### Intention

We will attend Mass for the Holy Hearts of Jesus and Mary on the first Friday and Saturday of the month as we are able.

**Final prayers suggested for each day** (go to page 22)

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## Day Seven

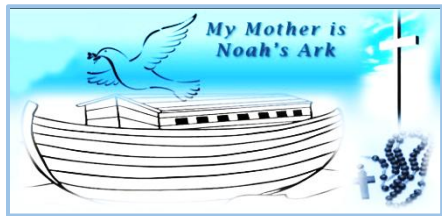
### Mary, Noah's Ark for our time

We all live in times when we need comfort and relief from heaven. Our refuge is Mary's Heart. From this Immaculate Heart springs the Flame of Love. And Jesus explains well, that the Flame of Love is the ark of salvation for our time.

He spoke to Elizabeth several times in this regard.

**Jesus** – “Because the Flame of Love of the heart of My Mother is Noah’s Ark.” (Spiritual Diary - Spring 1981)

Noah's ark foreshadows the mission of the Virgin Mary to spread the Flame of Love and Jesus invites us to enter the ark and live His messages and those of our Mother.



Since the Flame of Love saves us in these difficult and dark times, let us be united with the Flame of Love and offer Mary our greatest efforts to spread it like wildfire all around us, and across the world.

#### Moment for reflection

1. Are we aware that corruption must be opposed by sanctification?
2. Do we realize deeply that the Flame of Love of the Immaculate Heart of Mary is the Ark of Salvation for our time?

#### Intention

Today we welcome the Flame of Love as the ultimate help for our rescue from danger, and that of other souls.

**Final prayers suggested for each day** (go to page 22)

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## Day Eight

### Spreading the Flame of Love of Mary's Immaculate Heart



The Flame of Love is a grace that Our Lady obtained from the Heavenly Father, on the merits of Jesus' holy wounds. Its effect is to blind Satan, preventing him from leading souls to sin. The Virgin Mary asks us to help her by

spreading her Flame of Love throughout the world. She expects an urgent and generous response from each of her children.

**Virgin Mary** – “To whom, do you think, will I ask to render an account for having set up obstacles? If someone among you was to set up obstacles, defend my Flame of Love with all your might.

You must dedicate yourselves to blind Satan. The coordinated forces of the entire world are necessary to accomplish this. Do not delay because someday you will be called to account for the work entrusted to you, for the fate of a multitude of souls. I do not want even one soul damned. Satan will be blinded inasmuch as you work against him.” (Spiritual Diary – November 27, 1963)

“I assure you, my little one, that I have never before given into your hands such a powerful force of grace, the burning flame of the love of my heart. Ever since the Word became Flesh, I have not undertaken a greater movement than the Flame of Love of my Heart who rushes to you.

Until now, nothing could blind Satan as much. And it is up to you not to reject it, for this rejection would simply spell disaster.”

(Spiritual Diary - August 1, 1962)

## Moment for reflection

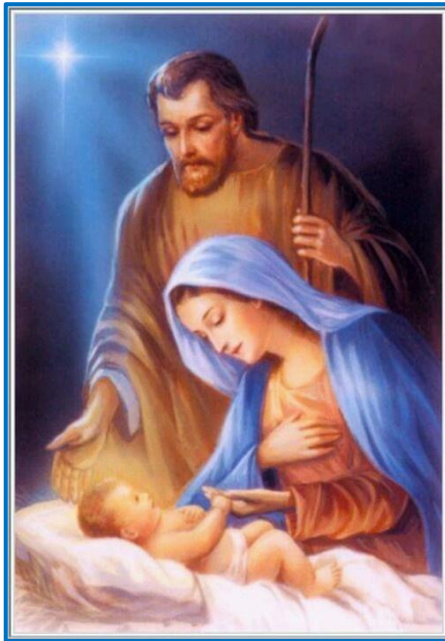
1. Do we give our best by collaborating with the Flame of Love Movement to fulfill the mission that the Virgin Mary has entrusted to us?
2. What are we actually doing to make known the Flame of Love of the Immaculate Heart of Mary and to offer comfort to our brothers and sisters in need?

## Intention

By our union with Jesus, the Flame of Love, we become the "Flame of Love" ourselves so that, above all, our example will make known the Movement of the Flame of Love and encourage as many people as possible to join it.

**Final prayers suggested for each day (go to page 22)**

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**Ever since the Word became Flesh**

## Day 9

### Every home, a sanctuary of the Flame of Love

Today, the devil combines all his efforts with a particular focus on family breakdowns and they are becoming more and more frequent. By destroying the family, all souls suffer. We must recognize the evil strategies that Satan uses to break up homes: the denial of God and lack of faith, lack of prayer, family routines, lack of dialogue, pride, jealousy, infidelity, pornography, anger, discouraging words, in short, all that breaks Love. We must be vigilant to prevent this. We must release the weapon of the Flame of Love and the power of family prayer. **"For where two or three are assembled in my name, I am in the midst of them."** (Matthew, 18-20)

**Jesus** – "You know, this is where I prepared My Soul for the great Sacrifice, for the sufferings I endured for you. You also had to mature in the holy enclosure of the family. As you were an orphan, it is in your home as a married couple that your soul was prepared for your great vocation, which could only mature in a family setting. I know your qualities and that's why My divine Providence ordered everything to make you ready to communicate My message to the world. It is from the family sanctuary that all of you set out for the difficult struggles of life.

It is to the warm solidarity of the family sanctuary that souls come back to, after having strayed far. It is there that they come to find themselves and they once more return to God. It is necessary for you, mothers, to extend the warm understanding of your hearts to your children even once they have established their own homes. Great is the responsibility befalling on you. Do not think that once a child has become an adult, he no longer needs his parents. My Mother accompanied Me everywhere with her love, her sacrifices and her prayers. You must do the same, and I will bless your efforts. My beloved Mother obliges Me to that. By her powerful intercession, she obtained from Me for families this great effusion of grace, which she also wants to extend to the whole world. As she said: 'Nothing comparable to this has happened ever since the Word became Flesh.' (Spiritual Diary - January 17, 1964)

Virgin Mary – “Through you, my little Carmelite, I want all to know the anguish that springs up from the boundless love of my maternal heart because of the danger threatening the entire world by the disintegration of the family sanctuaries. I direct my maternal cry to all of you, and in union with you, I want to save the world. I allow you, my little one, to be the first to feel this immense effort I am beginning to deploy in order to blind Satan.”

(Spiritual Diary - January 17, 1964)

### **Moment for reflection**

1. Do we pray the Flame of Love for divided families?
2. Have we dedicated our own family to the United Hearts of Jesus and Mary?
3. Do we take the time to pray as a family so that the Lord Jesus and the Virgin Mary may be at the heart of our home?

### **Intention**

We turn to the Flame of Love to beg for mercy and forgiveness for our families, to obtain the healing of divided families, and to release family members trapped by Satan.

**Final prayers suggested for each day (go to page 22)**

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**Elizabeth Kindelmann's family in 1943**

## **Suggested final prayers for each day of the novena**

**Prayer to St. Michael Archangel (p. 23)**

**Prayer to St. Joseph (p. 23)**

**Prayer of consecration to the Sacred Heart of Jesus (p. 24)**

**Prayer of consecration to the Immaculate Heart of Mary (p. 25)**

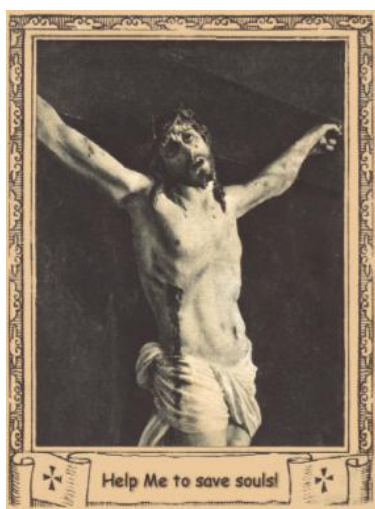
**Prayer for the spread of the Flame of Love (p. 26)**

**The Unity Prayer (p. 27)**

After reading each text of the day, we can recite the Rosary corresponding to the usual mystery of that day, while using the Flame of Love - Hail Mary petition (p.29)

**The Meditated Rosary, (p. 29 to 36)**

End each day of the novena by five times making the sign of the cross in honor of the five Sacred Wounds of the Crucifixion of Our Lord Jesus Christ.



## Prayers to St. Michael Archangel



**ST. MICHAEL ARCHANGEL,**

defend us in battle.

Be our defense against the wickedness  
and snares of the Devil.

May God rebuke him, we humbly pray,  
and do thou,

O Prince of the heavenly hosts,

by the power of God,

thrust into hell Satan,

and all the evil spirits,

who prowl about the world

seeking the ruin of souls. Amen.

**O glorious prince St. Michael,**

chief and commander of the heavenly hosts,

guardian of souls, vanquisher of rebel spirits,

servant in the house of the Divine King

and our admirable conductor,

you who shine with excellence

and superhuman virtue deliver us from all evil,

who turn to you with confidence

and enable us by your gracious protection

to serve God more and more faithfully every day. Amen.

## Prayers to St. Joseph



**O GOD,** who by your ineffable Providence  
has deigned to choose Saint Joseph as the  
husband of your Most Holy Mother, grant  
us, we ask you, that we may have for an  
intercessor in Heaven the one we venerate  
as protector on earth. Amen.

**SAINT Joseph,** you sought refuge for the  
Blessed Virgin in Bethlehem, help us to  
seek refuge for her Flame of Love in the  
hearts of all people. Amen.







## Consecration to the Immaculate Heart of Mary

**O IMMACULATE HEART OF MARY**, ever-filled with kindness, show us Your Love. May the Flame of Love of Your Heart descend upon all men.

We love You with all that we are. Instil true love in our hearts, that we may have toward You an unceasing devotion.

**O MARY**, who art meek and humble of Heart, remember us when we are in a state of sin. By means of Your motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies.



Grant that we may always see the kindness of Your motherly Heart, and be converted by Your Flame of Love. Amen.

## Prayer for the spread of the Flame of Love

With the personal approval of His Holiness Paul VI  
November 1973

**BLESSED VIRGIN MARY** our Mother, Your love of God and Your love for us your children is such that You offer us to Your Divine Son Jesus on the Cross, to obtain forgiveness for our sins from the Eternal Father, and thus, obtain our salvation, and for anyone believing in Jesus not to perish but obtain Eternal Life.



It is with filial trust that we beseech you, Blessed Mother, with the Flame of Love of Your Immaculate Heart and through the Holy Spirit, to inflame in our hearts the fire of a perfect love for God and all men.

Help us to spread this Holy Flame to all people of goodwill, so that the Flame of Love may extinguish the fires of hate all over the world, and Jesus, the Prince of Peace, may be King, front and center, in every heart, in the Sacrament of His Love on the throne of our Altars. Amen.

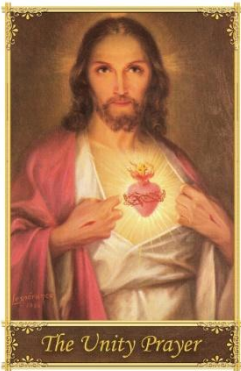
## The Prayer of Unity with Jesus

Elizabeth – “I made this prayer entirely mine. He meditated on it so many times with me, explaining that these were his eternal desires. He taught me this prayer so that I would teach it to others. Let us make our own his eternal thoughts, his ardent desires, with all our strength and with all our spirit.”



1983

This prayer can be recited  
after each decade:



### My Adorable Jesus

May our feet journey together,  
May our hands gather in unity,  
May our hearts beat in unison,  
May our souls be in harmony,  
May our thoughts be as one,  
May our ears listen to the silence together,

May our glances profoundly penetrate each other,  
May our lips pray together to gain mercy from the Eternal Father.

(Spiritual Diary - May 4, 1962)

## Explanation of the Diary messages of this Meditated Rosary

1. The meditations on the mysteries of the rosary come from Sister Jacqueline Laflamme (S.S.-C.J.)<sup>1</sup> died on April 9, 2012, at the age of 82. We knew her personally.



2. Excerpts from Elizabeth Kindelmann's messages come from a short summary in German given by Sister Anna Roth to the Editions du Parvis in Switzerland. It was later translated into French.

3. The messages of the meditated Rosary, printed by the Editions of the Forecourt received the Nihil Obstat from the Ordinary of: Székesfehérvur, Hungary.

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<sup>1</sup> (S.S.– C.J.) Sister of the Sacred Heart of Jesus

## Petition requested by the Virgin Mary

The Virgin Mary asked Elizabeth Kindelmann, the messenger of the Flame of Love, to insert in the Ave Maria the petition of the Flame of Love, by which Satan is blinded and made helpless:

Hail Mary, full of Grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, **SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY**, now and at the hour of our death. Amen.



\* \* \* \*

## The Meditated Rosary of the Flame of Love of the Immaculate Heart of Mary

### Joyful Mysteries Monday and Saturday

#### ► The Annunciation



Grant us, Mary, by the graces of this mystery, a listening heart that responds to the call of the Lord with a loving yes joined to yours.

**Virgin Mary** – “I place a beam of light in your hands; it is the Flame of Love of my Heart. Add your love to this Flame and pass it on to others.”

(Spiritual diary – April 13, 1962)

#### ► The Visitation



Open our hearts, Mary, to give joyfully and without counting and in a gratuitousness of love, as you did at the Visitation.

**Virgin Mary** – “My little Carmelite, so many sins are committed in this country. Help me. Let us save the country. I place a beam of light in your hands; it is the Flame of Love of my heart. Add your love to this Flame and pass it on to others, my little one.” (Spiritual diary – April 13, 1962)

## ► The Birth of Jesus



Mary, tenderness of the poor, make us discover the true wealth of the Kingdom, you who lived in this at the birth of Jesus.

**Virgin Mary** – “With this Flame full of graces that I give you from my Heart, ignite all the hearts in the entire country. Let this Flame go from heart to heart. This is the miracle becoming the blaze

whose dazzling light will blind Satan.”

(Spiritual diary – April 13, 1962)

## ► The Presentation of Jesus in the Temple



Grant us, Mary, that we may recognize the Light of God in our lives, as Simeon recognized it at the Presentation of Jesus.

**Virgin Mary** – “I extend the effect of grace of the Flame of Love of my heart over all the peoples and nations, not only over those living in the Holy Mother Church, but over all the souls marked with the sign of the blessed Cross of my Divine Son.”

(Spiritual diary – September 16, 1963)

## ► Jesus is found in the Temple



Mary, who has welcomed in faith the mystery of the mission of your Son in the Temple, make us obedient to God's plan.

**Virgin Mary** – “I can no longer hold back my Flame of Love in my heart. Let it leap out into all of you... Those accepting the Flame of Love will be intoxicated by the abundance of graces and they will proclaim everywhere, as I said before, that such a torrent of grace has never been granted since the Word became Flesh.”

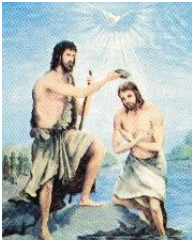
(Spiritual diary – November 7, 1963)

\* \* \* \*

## Luminous Mysteries

### Thursday

#### ► The Baptism in the Jordan



O Mary, who pondered everything in your Heart, make us attentive to God's presence and grateful for the privileged grace of our baptism.

**Jesus** – “Look at Me. Always look into My eyes because in this new battle that Satan wants to wage against you, the look of My eyes will blind him.” (Spiritual diary – January 14, 1963)

#### ► The Wedding at Cana



O Mary, Virgin of Cana, ask Jesus to change our hearts so that we may live ever more in the great freedom of God's children.

**Virgin Mary** – “The many graces that I give you, if you make good use of them – and you must always use them better and better, cause a great number of souls to become better.”

(Spiritual diary – November 30, 1962)

#### ► The Proclamation of the Kingdom



By your unceasing prayer, Mary, bring us to be authentic witnesses of the Good News of Jesus Christ.

**Jesus** – “Should you want to speak publicly or if you were asked to do so, I will then be there to comfort you. Each word should be like a seed which must bear many fruits among your listeners.” (Spiritual diary – July 26, 1971)



## ► The Transfiguration of Jesus



May our lives be transformed by the Holy Spirit, and may Your Flame of Love, Mary, guide our hearts as children.

**Jesus** – “The aim is to make known the value of the work of salvation! Ah! If only your aspirations for salvation could reach the Throne of the Heavenly Father! The success would then be greater! Burn! Like the bush in flames of fire that did not burn up! I need a sacrifice that does not consume itself and whose fire reaches Me!” (Spiritual diary – July 22, 1963 & August 1, 1963)

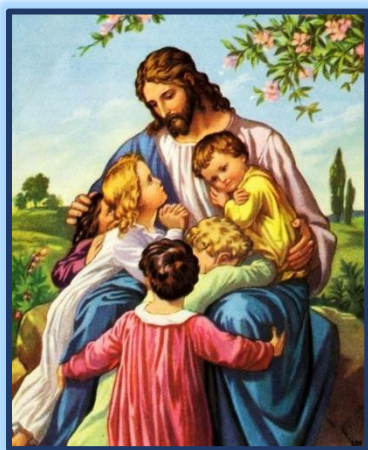
## ► The Institution of the Holy Eucharist



O Mary, Virgin of Contemplation, help us to increase our intimacy with Jesus in the Eucharist, the Bread of Life each day.

**Jesus** – “Participation in the Sacrifice of the Holy Mass increases to the highest degree the blindness of Satan.”  
(Spiritual diary – November 22, 1962)

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## Sorrowful Mysteries Tuesday and Friday

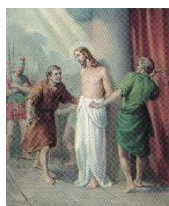
### ► The Agony of in the Garden



"My Father, if it is possible, let this cup pass Me by, nevertheless, let it be as you, not I, would have it." With you, Mary, may this also become our prayer in our trials.

**Jesus** – "My table is always set, without interruption. I, the Master, have sacrificed everything! My Self, I give you." (Spiritual diary – January 16, 1964)

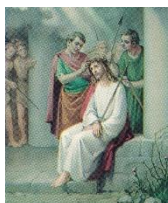
### ► The Scourging at the Pillar



May our suffering, united to the scourging of Jesus, become a prayer offered with you Mary, for our family and for the world.

**Jesus** – "When receiving Holy Communion, look deeply into your soul and feel the effects My Precious Blood produces within you. Do not be insensitive to that! It is not by habit that you should come to My table, but rather propelled by a love that will be fuelled as it touches Mine, and which through Me, and in union with you, will burn away the sins of your soul..." (Spiritual diary – January 16, 1964)

### ► The Crowning with Thorns



May the thorns which wound our heart make the garden of our life blossom in faith with You, Mary.

**Jesus** – "Without faith and trust, no virtue can take root in you. They are the foundation of this holy project for which we are preparing." (Spiritual diary – March 24, 1963)

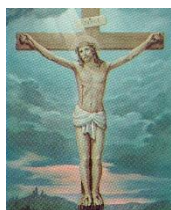
## ► Jesus Carries the Cross



May our daily cross be made lighter by the sorrowful Cross of Jesus, which has become glorious by His Resurrection.

**Jesus** – "We give you the strength and courage to take the first steps, but you should not delay accomplishing My will, or simply dismiss it with the back of your hand." (Spiritual diary – July 22, 1963)

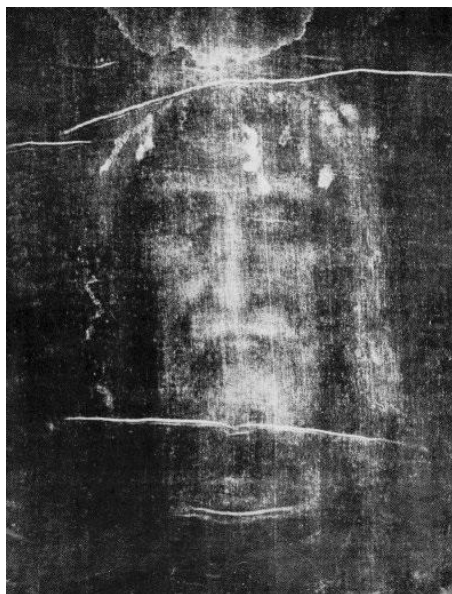
## ► The Crucifixion



May the loving words uttered by Jesus on the Cross become seeds of life, love and forgiveness in every heart.

**Jesus** – "If you do not come to Me, how then can I bestow My graces upon you? The fullness of graces is stored up in My Heart. My Heart is an unending source of love." (Spiritual diary – February 10, 1963)

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## Glorious Mysteries Wednesday and Sunday

### ► The Resurrection of Jesus



Through the power of Your Resurrection, grant us Lord the joy of life, and reach out to those who have lost its meaning.

**Virgin Mary** – "When the consecrated and the laity observe absolute fasting on Monday, they deliver also many poor souls from Purgatory at each Holy Communion during that week at the time they receive the Holy Body of Our Lord Jesus Christ." (Spiritual diary – August 15, 1980)

### ► The Ascension of Our Lord



"Why are you standing here looking into the sky?"  
"Go out and proclaim the Good News." May we become, O Lord, authentic witnesses of Your Resurrection.

**Jesus** – "The Church is in great danger and you cannot remedy the situation with earthly means or efforts. The Most Holy Trinity and the Holy Virgin alone, the Angels and all the Saints, and with the assistance of all the souls delivered by you from Purgatory, are still able to provide for the needs of the Militant Church." (Spiritual diary – August 15, 1980)

### ► The Descent of the Holy Spirit



Send forth Your Spirit, Lord, and give us the boldness of Your true disciples.

**Jesus** – "I could compare this torrential flood to the first Pentecost. It will submerge the earth by the power of the Holy Spirit. All mankind will take heed at the time of this great miracle. Here comes the torrential flow of the Flame of Love of My Most Holy Mother. The world, darkened already by the lack of faith, will undergo formidable tremors and then people will believe!"  
(Spiritual diary – March 24, 1963)

## ► The Assumption of Mary into Heaven



"I am the Resurrection and the Life." May these words Mary, maintain us in the hope and the certainty of an eternal tomorrow.

**Virgin Mary** – "Only through speech can My Flame of Love become known. I am standing with sadness in My Heart by the side of the world. You have no right to remain silent, neither by cowardice nor pride, neither by negligence nor fear of sacrifice. The words you speak about Me must be impregnated with all the fervour of your soul so that mankind can be touched by the mystery of Heaven."

(Spiritual diary – July 26, 1971)

## ► Mary's Coronation in Heaven



O Mary, crowned in glory, enflame us continually by the Flame of Love of Your Immaculate Heart.

**Virgin Mary** – "I grant to all of you the grace to be able to see the success of your effort – with regard to the diffusion of My Flame of Love – as well as in each heart taken individually, as well as in your country and the whole world. You who toil and make sacrifices, you will see that My Flame of Love will submerge very soon the whole humanity." (Spiritual diary – July 11, 1975)

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## **Publications of the Flame of Love Movement in Canada**

We are proud to present them to you to accompany your steps towards the expansion of the Flame of Love of the Virgin Mary in all the hearts.

Thank you very much to anyone who takes the time to read these documents. Hopefully they will shed more light on understanding the messages given to Elizabeth by the Lord Jesus and the Virgin Mary.



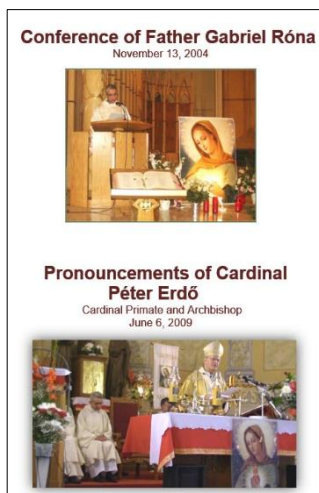
### **. Conference of Father Gabriel Róna . Declaration of his Eminence Cardinal Péter ERDŐ**

This conference was given by Father Gabriel Róna on November 13, 2004, in Montreal, during the 3rd national congress.

Father Gabriel makes an important link with the Fatima apparitions: the triumph of the Immaculate Heart of Mary announced at Fatima takes place through this great grace of the Flame of Love!

In the same document, we offer you the statement of His Eminence Cardinal Péter ERDŐ, Primate of Hungary and Archbishop of Esztergom-Budapest, regarding the Association "Movement Flame of Love of the Immaculate Heart of Mary".

This 22-page booklet is available in English and French.

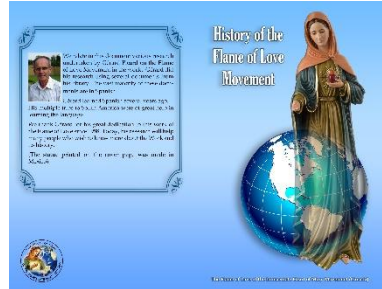


## History of the Flame of Love Movement

This booklet presents the history of the Flame of Love Movement from its beginnings with Elizabeth Kindelmann, in Hungary.

It is very useful to learn about the different countries where the Flame of Love Movement has spread.

The 39-page booklet is also available in French and Spanish.



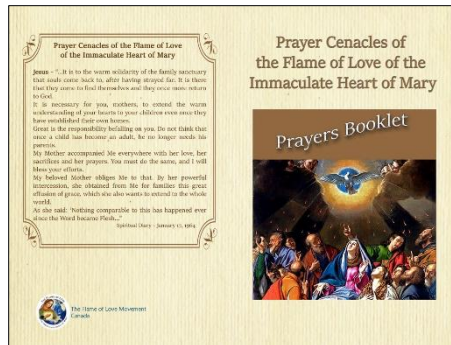
## Cenacles Prayers booklet

This 43-page prayer booklet is available in color.

It is important that prayer groups can have this booklet, whether for online prayer cenacles, at church or at home.

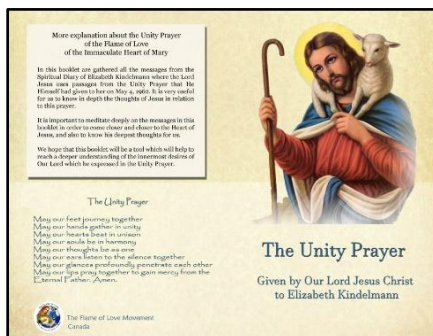
You will also find the meditations of the Rosary of the Flame of Love at the end of the booklet.

Available in English and French.



## The Unity Prayer Booklet

This booklet contains various messages from the Spiritual Diary of Elizabeth Kindelmann, in which Jesus often quotes excerpts from the Unity Prayer He revealed to her on May 4, 1962.



The main purpose of this booklet is to show the reader that this prayer—which is also very effective in blinding Satan—has a prominent place in the Spiritual Diary. 41 pages



### PART I: **LOVING WHILE BEING LOVED**

### PART II: **LEARNING TO LOVE**



From the Flame of Love  
Spiritual Diary

**Fr Domonkos Mészáros, op**

Assistant Director for the Flame of  
Love Movement in Hungary

**Parts I & II – 75 pages**

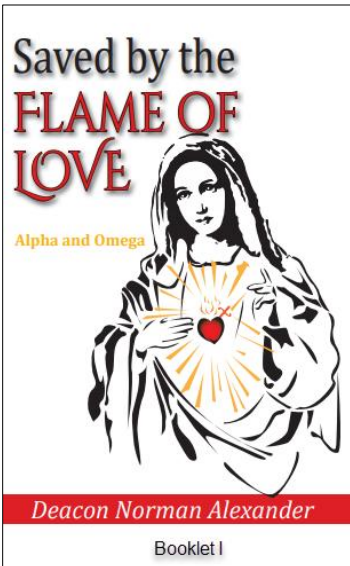
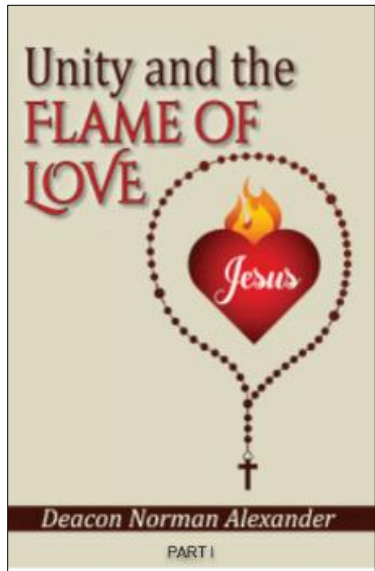




**DEACON NORMAN ALEXANDER** of the Diocese of Memphis in Tennessee has endeavored to write about the wonderful gift of the Flame of Love of the Immaculate Heart of Mary. Saved by the Flame of Love, follows Unity and the Flame of Love published February of 2019. He is committed to promoting the Flame of

Love because there has never been a time of grace like this since the Word became flesh. These are the words of Jesus and Mary, and we know them to be trustworthy.

**Unity and the FLAME OF LOVE**  
**2 Booklets / Part I & Part II**  
**54 pages**



**Saved by the FLAME OF LOVE**  
**2 Booklets / Part I & Part II**  
**63 pages**

by  
**Deacon Norman Alexander**