

Prayer of the Cenacles of the Flame of Love of the Immaculate Heart of Mary

EDITED BY:

THE FLAME OF LOVE

OF THE IMMACULATE HEART OF MARY

Postal Station Jacques-Cartier, PO Box 21111

Longueuil (Quebec) Canada J4J 5J4

Phone **(579) -721-4027**

www.theflameoflove.org

holymary@theflameoflove.org

Update
May 27, 2021

INTRODUCTION

This booklet contains all the prayers in use in the Cenacles of Prayers of the Flame of Love. These Cenacles can be done online or in our home with two or more people.

We encourage people to pray together the Flame of Love prayers to fulfill the request of our Lord Jesus and the Virgin Mary which are found in Elisabeth Kindelmann's Spiritual Diary.

Blinding Satan is the main goal, and it can be done in different ways which are described in the Diary.

Praying together is very important, it brings us together even if a long distance separates us. When we pray together, we are all united with Jesus.

It is not good to be alone, we have to learn from others and then we all walk with Jesus.

When we are together, Jesus is there and He looks at us because **“Where two or three have gathered together in My name, I am there in their midst”**.

These words are very important and we must take them to heart. Jesus encourages us to be many in prayer.

There is a time to be alone in our heart with Jesus and there is a time to be together, all in love with Jesus. Both are vital for our Christian life.

Suggested Steps for the Cenacles of Prayer of the Flame of Love

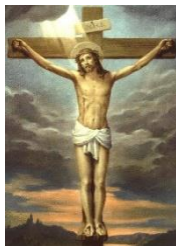
Steps	Page
1 Start the prayer by making five times the sign of the Cross in honor of the five Holy Wounds of the Crucifixion of Our Lord Jesus-Christ.....	5
2 Prayer to the Holy Spirit.....	7
3 Prayer to Saint Michael to protect our Cenacle....	8
4 It is recommended to make a reading from the Spiritual Diary of Elizabeth Kindelmann.....	
5 Pray the Rosary and insert in each Ave Maria the petition to the Flame of Love.....	10
6 After each decade:	
- O MY JESUS...	
- COME HOLY SPIRIT!	11
7 The Unity Prayer.....	11
8 Prayer to Saint Joseph	12
9 Hail Holy Queen.....	17
10 Concluding prayer.....	18
12 Prayer to the Apostolate.....	19
13 End the prayer by making five times the sign of the Cross in honor of the five Holy Wounds of Our Lord Jesus-Christ.....	5

DETAILED TABLE OF CONTENT

Introduction.....	2
Suggested Steps.....	3
Detailed table of content.....	4
Five signs of the cross.....	5
Prayer to the Holy Spirit.....	7
Prayer to St Michael (1-3).....	8
The Apostles Creed.....	10
The Lord's Prayer	10
The Flame of Love Rosary.....	10
After each decade.....	11
Unity Prayer.....	11
Prayer to St Joseph (1-4).....	12
Prayer to St Joseph (5-6).....	13
Prayer to St Joseph (7-8).....	14
Prayer to St Joseph (9-11).....	15
Prayer to St Joseph (12).....	16
Hail Holy Queen.....	17
Plenary Indulgence.....	18
My Adorable Jesus.....	18
Concluding Prayer.....	18
Prayer for the Dying.....	18
Memorare.....	18
Prayer of Apostolate.....	19
Consecration to the Immaculate Heart of Mary (1).....	20
Consecration to the Immaculate Heart of Mary (2).....	21
Prayer to spread the Flame of Love.....	22
Consecration to our Lord Jesus Christ.....	23
Prayer of Deliverance by St. John Paul II.....	24
Flame of Love Rosary / Joyful Mysteries.....	26
Flame of Love Rosary / Luminous Mysteries.....	28
Flame of Love Rosary / Sorrowful Mysteries.....	30
Flame of Love Rosary / Glorious Mysteries.....	32
Persevere with Me – April 10, 1962.....	34
Weekly Agenda.....	35
Explanation on Fasting.....	38

Flame of Love Opening Prayers

Begin prayer by making the sign of the cross five times in honor of the five Sacred Wounds of the Crucifixion of Our Lord Jesus Christ.



Prayer (1)

- ✝ Jesus of love, in honor of the wound of your left hand.
In the Name of the Father, and of the Son and of the Holy Spirit.
- ✝ Jesus of love, in honor of the wound of your right hand.
In the Name of the Father, and of the Son and of the Holy Spirit.
- ✝ Jesus of love, in honor of the wound of your left foot.
In the Name of the Father, and of the Son and of the Holy Spirit.
- ✝ Jesus of love, in honor of the wound of your right foot.
In the Name of the Father, and of the Son and of the Holy Spirit.
- ✝ Jesus of love, in honor of the wound on your sacred side.
In the Name of the Father, and of the Son and of the Holy Spirit.
Amen.

Prayer (2)

- ✝ Jesus of love, deign to place in my soul the fruits of the wound of your left hand.
In the Name of the Father, and of the Son and of the Holy Spirit.
- ✝ Jesus of love, deign to place in my soul the fruits of the wound of your right hand.
In the Name of the Father, and of the Son and of the Holy Spirit.
- ✝ Jesus of love, deign to place in my soul the fruits of the wound of your left foot.
In the Name of the Father, and of the Son and of the Holy Spirit.

✝ Jesus of love, deign to place in my soul the fruits of the wound of your right foot.

In the Name of the Father, and of the Son and of the Holy Spirit.

✝ Jesus of love, deign to place in my soul the fruits of the wound on your side.

In the Name of the Father, and of the Son and of the Holy Spirit.

Amen.

Prayer (3)

We offer ourselves to the Heavenly Father through all the wounds of our Savior, Jesus Christ.

✝ We kiss the wound of your Sacred Left Hand, with sorrow deep and true,

✝ In the Name of the Father, and of the Son and of the Holy Spirit.

✝ We kiss the wound of your Sacred Right Hand, with sorrow deep and true,

✝ In the Name of the Father, and of the Son and of the Holy Spirit.

✝ We kiss the wound of your Sacred Left Foot, with sorrow deep and true,

✝ In the Name of the Father, and of the Son and of the Holy Spirit.

✝ We kiss the wound of your Sacred Right Foot, with sorrow deep and true,

✝ In the Name of the Father, and of the Son and of the Holy Spirit.

✝ We kiss the wound of your Sacred Side, with sorrow deep and true,

In the Name of the Father, and of the Son and of the Holy Spirit.

Amen.

Prayer to the Holy Spirit



Come Holy Spirit and fill the hearts of your faithful, enkindle in us the fire of Your love. Send forth Your Spirit and we shall be created, and You shall renew the face of the earth. Oh, Holy Spirit, grant us all the gifts to perfect the virtues, so we may live the beatitudes with Jesus Christ for the glory of the Father and the salvation of souls.

O Holy Spirit, substantial Love of the Father and the Son, uncreated Love dwelling in the souls of the just, come down upon me like a new Pentecost and bring me an abundance of Your gifts, of Your fruits, and of Your grace; unite Yourself to me as the most sweet Spouse of my soul. I consecrate myself entirely to You; invade me, take me, possess me wholly. Be the penetrating light which illumines my intellect, the gentle motion which attracts and directs my will, the supernatural energy which gives energy to my body. Complete in me Your work of sanctification and love. Make me pure, transparent, simple, true, free, peaceful, gentle, calm, serene even in suffering, and burning with charity toward God and neighbor. Kindle in me the fire of Your love and the flame of eternal charity. Amen.

We pray Ephesians 3.14-21 over all of us, our families and the whole world:

For this reason, I kneel before the Father, from whom every family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen

Prayer to Saint Michael the Archangel

(1)

SAINT MICHAEL THE ARCHANGEL, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the heavenly host, by the power of God, cast into hell, Satan and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.



(2)

O glorious prince Saint Michael, chief and commander of the heavenly hosts, guardian of souls, vanquisher of rebel spirits, servant in the house of the Divine King and our admirable conductor, you who shine with excellence and superhuman virtue deliver us from all evil, who turn to you with confidence and enable us by your gracious protection to serve God more and more faithfully every day. Amen.

(3)

The 1890 prayer to Saint Michael

- By Pope Leo XIII



O glorious Archangel Saint Michael, Prince of the heavenly host, defend us in battle, and in the struggle which is ours against the principalities and powers, against the rulers of this world of darkness, against spirits of evil in high places

Come to the aid of men, whom God created immortal, made in his own image and likeness, and redeemed at a great price from the tyranny of the devil.

Fight this day the battle of the Lord, together with the holy angels, as already thou hast fought the leader of the proud angels, Lucifer, and his apostate host, who were powerless to resist thee, nor was there a place for them any longer in Heaven. But that cruel, that

ancient serpent, who is called the devil or Satan, who seduces the whole world, was cast into the abyss with all his angels.

Behold, this primeval enemy and slayer of man has taken courage, transformed into an angel of light, he wanders about with all the multitude of wicked spirits, invading the earth in order to blot out the name of God and of His Christ, to seize upon, slay and cast into eternal perdition souls destined for the crown of eternal glory.

This wicked dragon pours out, as a most impure flood, the venom of his malice on men of depraved mind and corrupt heart, the spirit of lying, of impiety, of blasphemy, and the pestilent breath of impurity, and of every vice and iniquity.

These most crafty enemies have filled and inebriated with gall and bitterness the Church, the spouse of the Immaculate Lamb, and have laid impious hands on her most sacred possessions. In the Holy Place itself, where has been set up the See of the most blessed Peter and the Chair of Truth for the light of the world, they have raised the throne of their abominable impiety, with the iniquitous design that when the Pastor has been struck, the sheep may be scattered.

Arise then, O invincible Prince, bring help against the attacks of the lost spirits to the people of God, and bring them the victory.

The Church venerates thee as protector and patron; in thee holy Church glories as her defense against the malicious powers of this world and of hell; to thee has God entrusted the souls of men to be established in heavenly beatitude.

Oh, pray to the God of peace that He may put Satan under our feet, so far conquered that he may no longer be able to hold men in captivity and harm the Church.

Offer our prayers in the sight of the Most High, so that they may quickly conciliate the mercies of the Lord; and beating down the dragon, the ancient serpent, who is the devil and Satan, do thou again make him captive in the abyss, that he may no longer seduce the nations. Amen.

(4)

Blessed Michael the Archangel,

defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host, by the Power of God, cast down into hell Satan and all the wicked spirits, who wander through the world seeking the ruin of souls. Amen.

The Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Lord's Prayer

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

Give us this day **our** daily bread; and forgive us **our** trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

The Flame of Love Rosary

Hail Mary, full of grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, **SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY**, now and at the hour of our death. Amen.

After each decade

✠ O My Jesus!

Forgive us our sins, save us from the fires of hell and lead all souls to Heaven, especially those in most need of Thy Mercy.

✠ Come Holy Spirit!

Come by means of the power of the Flame of Love of the Immaculate Heart of Mary.

The Unity Prayer

E.K. – “I made this prayer entirely mine. He meditated on it so many times with me, explaining that these were his eternal desires. He taught me this prayer so that I would teach it to others. Let us make our own his eternal thoughts, his ardent desires, with all our strength and with all our spirit.”

My adorable Jesus

May our feet journey together

May our hands gather in unity

May our hearts beat in unison

May our souls be in harmony

May our thoughts be as one

May our ears listen to the silence together

May our glances profoundly penetrate each other

May our lips pray together to gain mercy from the Eternal Father. Amen.



Prayer to Saint Joseph



(1)

O GOD, who by your ineffable Providence has deigned to choose Saint Joseph as the husband of your Most Holy Mother, grant us, we ask you, that we may have for an intercessor in Heaven the one we venerate as protector on earth. Amen.

(2)

SAINT Joseph, you sought refuge for the Blessed Virgin in Bethlehem, help us to seek refuge for her Flame of Love in the hearts of all people. Amen.

(3)

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord, so that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of fathers.

O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss his fine head for me and ask him to return the Kiss when I draw my dying breath. Saint Joseph, Patron of departed souls, pray for me. Amen

(4)

Saint Joseph, Terror of Demons

Courageous Joseph, advised by an angel, you confront your fears of the unknown.

Your light shines brightly, penetrating the dark corners of your being.

Your fears dispersed, you rediscover your true face, and actively participate in the divine project reuniting Mother and Child, and the people with their God.

Together with Mary and Jesus, you dwell in the love of God.
Help us to rediscover the united core of our identities, beyond all internal fears.

Counsel us so we may build a better world to welcome the coming Kingdom.

Shed your light on our inner lives that, freed from the grip of our fears, our decisions may be founded in Love.

May the Face of God shine on us! Amen.

(5)

St Joseph, Patron Saint of the Dying

Faithful Joseph, with the fulfillment of the Lord's promise, you peacefully leave this world in Jesus and Mary's hands. Your faith transforms death into the sowing of life; thus, God considers you to be a just man. Your heart overflows in the presence of the Lord. With your hands outstretched to God, your night is filled with prayers. Surrounded by the living, you embark upon the great march to the promise Land.

Open our eyes that we may glimpse the road to Life that lies beyond death.

May nothing, not denial, anger, nor depression, separate us from the Love of God.

Strengthen our faith in God who always finds ways of preserving us in his friendship.

Be beside us to hold our hands when we take our first steps toward the Eternal Kingdom, Amen.

(6)

Saint Joseph, Mainstay of Families

Attentive Joseph, in Mary and you, the Divine Word finds a favourable environment in which to carry out the will of the Father; thus, you become the family of the Child-God.

In your gentle life together, you experience Love daily. The unity of your hearts transforms life's lessons into growing wisdom and grace.

Open our hearts to the Word that lives within us, that our actions may bear witness to our connection to the family of God.

Sustain us in our emotional commitments, where giving and forgiveness shape our identities.

Grant us your tenderness in the things we do each day! Amen.

(7)

St Joseph, our Solace in Suffering

Compassionate Joseph, one with us in our human condition, together with Mary and Jesus you experience exile, hunger and violence. Refusing vengeance, you choose mercy. Your forgiveness breaks the circle of violence. Through your goodness, God's hope for our humanity is preserved. Joy is yours, for the Kingdom of God is your inheritance.

Open our compassionate hands in times of war, famine and exile. Keep us from developing a victim's mentality, and make our pain a source of growth.

Sustain us in fulfilling our responsibility of cultivating inner peace, joy and serenity.

In your wisdom, counsel us to close all doors to bitterness, so that, watched over by God, we may dance for joy. Amen.

(8)

St Joseph, Protector of the Church

Brave Joseph, collaborator in God's project for humanity, your tenderness enfolds the newborn Church.

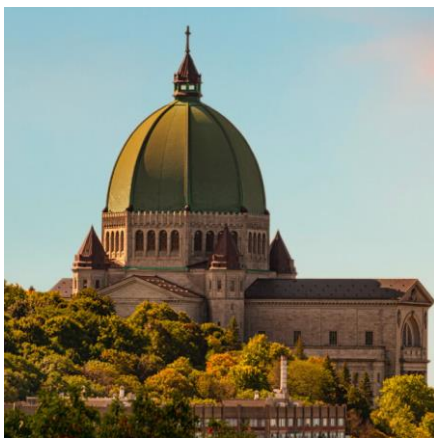
Just as Mary and Jesus recognize in you the protection of the Father, so too does the community of faith place itself under your protection.

Strengthen us with the Spirit that filled the Nazarene home and guide our footsteps on the road to the Kingdom.

Accompany us in carrying out our mission.

Help us to be lights in the world so that the family of God may spring forth from humanity transfigured in Christ.

Grant us the strength to imitate God's preference for the poor and weak. Guide us in our pastoral activities that our actions may be modeled on the Good News. Amen.



St Joseph oratory of Montreal

(9)

St Joseph, Hope of the Sick

Benevolent Joseph, the Son of God placed his life in your hands. With Mary, you cared for Him who is the force of life.

May your compassion enfold our fragility, bringing us the comfort of the divine presence.

We join with you in prayer, saying:

« **Lord Jesus, Son of Living God, say a word for our healing!** »

Make us sensitive to the illnesses of those close to us.

Support our efforts and grant us courage in the fight against all evil.

Help us to find meaning in God's great project for humanity beyond the sicknesses and sufferings that blind our sight.

The love of God be with us, as our hope lies with Him. Amen.

(10)

St Joseph, Model of Labourers

Good Saint Joseph, when God wanted a family for his Son, He looked among the labourers, and chose you along with Mary, demonstrating His esteem for human work. You put your heart into your work, and share your workshop with Jesus. Your work, like that of other humans, found new meaning in the presence of God.

Sustain us in the hope of finding work when we are confronted with the desolation of unemployment.

Counsel business leaders to create an equitable division of labour that is respectful of individuals, and promotes our growth and happiness.

Help us to perform our work joyfully, conscientiously, fairly and honestly.

Prepare our hearts to recognize your Son in our colleagues at work. Amen.

(11)

Joseph, Guardian of the Pure in Heart

Gentle Joseph, God is captivated by the quality of your heart. Your entire being is focused on doing his will. With Mary and Jesus, you answer the Holy Spirit's call to build a better world.

With one heart, we join you in saying:

"Here we are, Lord, your will be done! Your kingdom come nearer to us!"

Keep the hope of a new world alive in our hearts.

Inspire us to speak words of tenderness to awaken the love of hearts.

May we draw the energy for our actions from the source of all Love
so our faces may shine with the freedom of the children of God.
Amen.

To you, O blessed Joseph,

do we come in our tribulation
and having implored the help of your most holy Spouse,
we confidently invoke your patronage also.
Through that charity which bound you
to the Immaculate Virgin Mother of God
and through the paternal love
with which you embraced the Child Jesus,
we humbly beg you graciously to regard the inheritance
which Jesus Christ has purchased by his Blood,
and with your power and strength to aid us in our necessities.

O most watchful guardian of the Holy Family,
defend the chosen children of Jesus Christ;
O most loving father, ward off from us
every contagion of error and corrupting influence;
O our most mighty protector, be kind to us
and from heaven assist us in our struggle
with the power of darkness.
As once you rescued the Child Jesus from deadly peril,
so now protect God's Holy Church
from the snares of the enemy and from all adversity;
shield, too, each one of us by your constant protection,
so that, supported by your example and your aid,
we may be able to live piously, to die in holiness,
and to obtain eternal happiness in heaven.
Amen.

- ✚ Saint Joseph, Guardian of the Pure in Heart, pray for us.
- ✚ Saint Joseph, Terror of Demons, pray for us.
- ✚ Saint Joseph, Patron Saint of the Dying, pray for us.
- ✚ Saint Joseph, Mainstay of Families, pray for us.
- ✚ Saint Joseph, our Solace in Suffering, pray for us.
- ✚ Saint Joseph, Protector of the Church, pray for us.
- ✚ Saint Joseph, Hope of the Sick, pray for us.
- ✚ Saint Joseph, Model of Labourers, pray for us.



Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

Response...

That we may be made worthy of the promises of Christ.

Let us pray...

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through Christ our Lord. Amen.

Most Sacred Heart of Jesus, have mercy on us.
Immaculate Heart of Mary, pray for us.

Plenary Indulgence

Pray for the intentions of the Holy Father (Our Father, Hail Mary, Glory be...)

My Adorable Jesus,

We ask you to take us in Spirit before your Eucharistic Presence throughout the world. (pause for silent reflection)

Concluding Prayer

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Prayer for the Dying

O most Merciful Jesus, lover of souls, I beseech you, by the agony of Your Most Sacred Heart, and by the sorrows of Your Immaculate Mother, wash clean in Your Blood the sinners of the whole world who are to die this day. Amen.

Dear Jesus moved by an impulse of love, and with purity of intention, I wish to cover my humble labors with your merits and bathe them in the supernatural gold of your Precious Blood. I desire to consecrate my life to the saving of souls and the extension of your glory, and I beg the Heavenly Father for as many souls as you shed drops of Blood during your Passion.



Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer of apostolate

I desire to be a praying, living host, to bring Jesus to those I voyage with, to send out rays like a host.

Thank you, Jesus, for the souls you give me simply because I'm sure you give them to me.

I unite myself with the miracles you work in me.

I love you more today than yesterday & tomorrow I shall love you more than today, because I have opened myself up to your grace, which is a torrent which ceaselessly engulfs me & continually transforms me into yourself & spreads out to others.

I pray for your mercy for all souls, for your mercy is limitless.

You died to save all souls; may not one sheep be lost!

I pray not only for the conversion of souls but for the perfection of souls. Jesus makes us grow, bring us ever closer to you, that we may all be united with you a single flame.

May our hearts be channels of your torrents of graces, may we receive them to share them.

The mass is the prayer of prayers, the prayer of Jesus.

I offer you Lord all the masses all my communions as well as this prayer.

Consecration of the Flame of Love Apostolate to the Immaculate Heart of Mary

Lady of Mt. Carmel, Queen of Heaven and earth, and our mother, through whom Almighty God has delighted to extend the most powerful Grace to mankind since the Word became Flesh, we consecrate to your Immaculate Heart, completely and forever, the Flame of Love apostolate, formed to assist you in saving your children, accelerating your Triumph, and welcoming the Second Pentecost of the Holy Spirit, by spreading the effect of grace of your Flame.

We ask you to guide us in this, your apostolate, so that our planning conforms to your wishes and our efforts are always performed in your name, the Holy Name of Mary.

Enable us to grow, under your guidance so that the effect of this Flame of Love grace will spread over all humanity. Send additional priests, and the faithful, who will embrace your endeavors, and help our apostolate to expand throughout this entire country and beyond.

Cover us with your Scapular of protection and your mantle of unity, harmony, and love; keep us steeped in humility so we do not falter. Strengthen us against the attacks of the enemy. Grant us the desire to share in the Redemptive activity of Your divine son. Keep us strong, active and resolute; grant that our inevitable frustrations and failures will make us more determined than ever to continue our efforts, increasing your glory and thereby, the glory of Jesus, our Savior. We ask nothing in return but the pleasure of serving you.

Strengthen us in prayer and contemplation so that our apostolic actions may conform to your will and exceed expectations.

Most blessed Trinity, please approve our consecration and through Mary, our mother, enable our apostolate to return lost sheep to your merciful bosom for all eternity. Amen.

Consecration to the Immaculate Heart of Mary

(1)

O IMMACULATE HEART OF MARY, ever-filled with kindness, show us Your Love. May the Flame of Love of Your Heart descend upon all men. We love You with all that we are. Instil true love in our hearts, that we may have toward You an unceasing devotion.



O MARY, who art meek and humble of Heart, remember us when we are in a state of sin. By means of Your motherly and Immaculate Heart, heal us from all our spiritual ailments and deficiencies.

Grant that we may always see the kindness of Your motherly Heart, and be converted by Your Flame of Love. Amen.

(2)

O Mary, the Father sent His Spirit to overshadow & empower you. His Son as your child to depend on you. I too give my whole self to you. I consecrate myself to you, O Mother and Queen, my body with all its senses, my soul with all its faculties my heart with all its affections for you to give Jesus and mold to His likeness. Take all that I am, all that I have, and all that I do and give these to the Holy Spirit to form Jesus in me. At the foot of the Cross, He entrusted me to you; take and unite me to Jesus Crucified, humbly obedient to the Father, fully yielded to the Spirit in Love. May He be the Lord of my life and of men, and in His spirit, the praise and glory of the Father. Amen.

Prayer for the spread of the Flame of Love

With the personal approval of His Holiness Paul VI

November 1973



Blessed Virgin Mary our Mother, Your love of God and Your love for us your children is such that You offer us to Your Divine Son Jesus on the Cross, to obtain forgiveness for our sins from the Eternal Father, and thus, obtain our salvation, and for anyone believing in Jesus not to perish but obtain Eternal Life.

It is with filial trust that we beseech you, Blessed Mother, with the Flame of Love of Your Immaculate Heart and through the Holy Spirit, to inflame in our hearts the fire of a perfect love for God and all men.

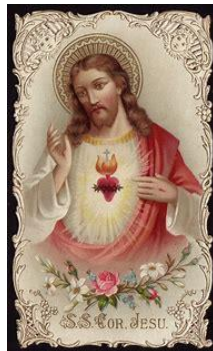
Help us to spread this Holy Flame to all people of goodwill, so that the Flame of Love may extinguish the fires of hate all over the world, and Jesus, the Prince of Peace, may be King, front and center, in every heart, in the Sacrament of His Love on the throne of our Altars. Amen.

Consecration to the Sacred Heart of Jesus

Act of consecration, revealed by Jesus to Saint Margaret-Marie Alacoque (1647-1690)

During an appearance at Paray Le Monial

I [] give and consecrate to the Sacred Heart of our Lord Jesus Christ, my person, my life, my actions, my pains and sufferings, so that I may be unwilling to make use of any part of my being save to honor, love, and glorify the Sacred Heart. It is my unchanging intention to be all His and to do all for love of Him. I renounce at the same time with all my heart whatever can displease Him.



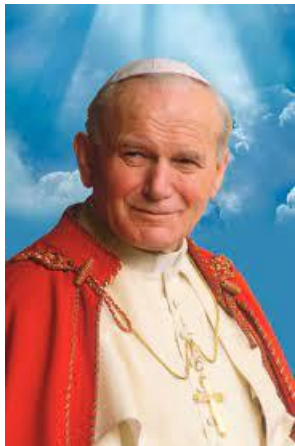
I, therefore, take You, O Sacred Heart, for the only object of my love, the protector of my life, the pledge of my salvation, the remedy of my weakness and inconstancy, the atonement for the faults of my life, and the secure refuge at the hour of my death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the punishment of His just anger. O Heart of love, I put my confidence in You, because I fear everything from my own sinfulness and weakness. I hope for all things from Your mercy and generosity.

Destroy in me all that can displease or resist Your holy Will. Let Your pure love impress You so deeply upon my heart, that I may never forget You or be separated from You. May my name, by your loving kindness, be written In You, because in You I desire to place all my happiness and all my glory in living and dying in very bondage to you.

Prayer of Deliverance

By St. John Paul II



Immaculate Heart of Mary!

Help us to conquer the menace of evil, which so easily takes root in the hearts of the people of today, and whose immeasurable effects already weigh down upon our modern world and seem to block the paths towards the future!

From famine and war, deliver us.

From nuclear war, from incalculable self-destruction, from every kind of war, deliver us.

From sins against the life of man from its very beginning, deliver us.

From hatred and from the demeaning of the dignity of the children of God, deliver us.

From every kind of injustice in the life of society, both national and international, deliver us.

From readiness to trample on the commandments of God, deliver us.

From attempts to stifle in human hearts the very truth of God, deliver us.

From the loss of awareness of good and evil, deliver us.

From sins against the Holy Spirit, deliver us, deliver us.

Accept, O Mother of Christ, this cry laden with the sufferings of all individual human beings, laden with the sufferings of whole societies.

Help us with the power of the Holy Spirit to conquer all sin: individual sin and the "sin of the world," sin in all its manifestations.

Let there be revealed, once more, in the history of the world the infinite saving power of the Redemption: the power of merciful Love!

May it put a stop to evil!

May it transform consciences!

May your Immaculate Heart reveal for all the light of Hope!

Explanation of the Diary messages of this Meditated Rosary

1. The meditations on the mysteries of the rosary come were composed by Sister Jacqueline Laflamme (S.S.-C.J.) ¹ who died on April 9, 2012, at the age of 82.
2. The excerpts from Elizabeth Kindelmann's messages come from a short summary in German given by Sister Anna Roth to the "*Editions du Parvis*" in Switzerland. It was later translated into French.
3. The messages of the meditated Rosary, printed by the Editions of the Forecourt received the Nihil Obstat from the Ordinary of: Székesfehérvár, Hungary.

* * * *

Petition requested by the Virgin Mary

The Virgin Mary asked Elizabeth Kindelmann, the messenger of the Flame of Love, to insert in the Ave Maria the petition of the Flame of Love, by which Satan is blinded and made helpless:

Hail Mary, full of Grace, the Lord is with Thee, blessed are Thou among women, and blessed is the fruit of Thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,

SPREAD THE EFFECT OF GRACE OF THY FLAME OF LOVE OVER ALL OF HUMANITY, now and at the hour of our death. Amen.



* * * *

¹ (S.S.— C.J.) Sister of the Sacred Heart of Jesus

The Meditated Rosary of the Flame of Love of the Immaculate Heart of Mary

Joyful Mysteries

Monday and Saturday

The Annunciation



Grant us, Mary, by the graces of this mystery, a listening heart that responds to the call of the Lord with a loving yes joined to yours.

Virgin Mary – “I place a beam of light in your hands; it is the Flame of Love of my Heart. Add your love to this Flame and pass it on to others”

(Spiritual diary – April 13, 1962)

The Visitation



Open our hearts, Mary, to give joyfully and without counting and in a gratuitousness of love, as you did at the Visitation.

Virgin Mary – “My little Carmelite, so many sins are committed in this country. Help me. Let us save the country. I place a beam of light in your hands; it is the Flame of Love of my heart. Add your love to this Flame and pass it on to others, my little one.” (Spiritual diary – April 13, 1962)

The Birth of Jesus



Mary, tenderness of the poor, make us discover the true wealth of the Kingdom, you who lived in this at the birth of Jesus.

Virgin Mary – “With this Flame full of graces that I give you from my Heart, ignite all the hearts in the entire country. Let this Flame go from heart to heart. This is the miracle becoming the blaze whose dazzling light will blind Satan.” (Spiritual diary – April 13, 1962)

The Presentation of Jesus in the Temple

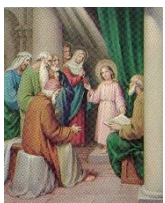


Grant us, Mary, that we may recognize the Light of God in our lives, as Simeon recognized it at the Presentation of Jesus.

Virgin Mary – “I extend the effect of grace of the Flame of Love of my heart over all the peoples and nations, not only over those living in the Holy Mother Church, but over all the souls marked with the sign of the blessed Cross of my Divine Son.”

(Spiritual diary – September 16, 1963)

Jesus is found in the Temple



Mary, who has welcomed in faith the mystery of the mission of your Son in the Temple, make us obedient to God's plan.

Virgin Mary – “I can no longer hold back my Flame of Love in my heart. Let it leap out into all of you...

Those accepting the Flame of Love will be intoxicated by the abundance of graces and they will proclaim everywhere, as I said before, that such a torrent of grace has never been granted since the Word became Flesh.”

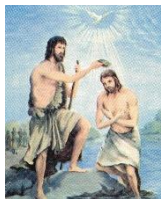
(Spiritual diary – November 7, 1963)

* * * *

Luminous Mysteries

Thursday

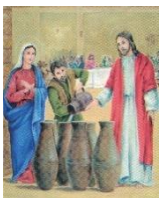
The Baptism in the Jordan



O Mary, who pondered everything in your Heart, make us attentive to God's presence and grateful for the privileged grace of our baptism.

Jesus – “Look at Me. Always look into My eyes because in this new battle that Satan wants to wage against you, the look of My eyes will blind him.” (Spiritual diary – January 14, 1963)

The Wedding at Cana



O Mary, Virgin of Cana, ask Jesus to change our hearts so that we may live ever more in the great freedom of God's children.

Virgin Mary – “The many graces that I give you, if you make good use of them – and you must always use them better and better, cause a great number of souls to become better.” (Spiritual diary – November 30, 1962)

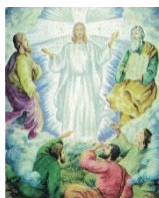
The Proclamation of the Kingdom



By your unceasing prayer, Mary, bring us to be authentic witnesses of the Good News of Jesus Christ.

Jesus – “Should you want to speak publicly or if you were asked to do so, I will then be there to comfort you. Each word should be like a seed which must bear many fruits among your listeners.”
(Spiritual diary – July 26, 1971)

The Transfiguration of Jesus



May our lives be transformed by the Holy Spirit, and may Your Flame of Love, Mary, guide our hearts as children.

Jesus – “The aim is to make known the value of the work of salvation! Ah! If only your aspirations for salvation could reach the

Throne of the Heavenly Father! The success would then be greater! Burn! Like the bush in flames of fire that did not burn up! I need a sacrifice that does not consume itself and whose fire reaches Me!”

(Spiritual diary – July 22, 1963 & August 1, 1963)

The Institution of the Holy Eucharist



O Mary, Virgin of Contemplation, help us to increase our intimacy with Jesus in the Eucharist, the Bread of Life each day.

Jesus – “Participation in the Sacrifice of the Holy Mass increases to the highest degree the blindness of Satan.”

(Spiritual diary – November 22, 1962)

* * * *

Sorrowful Mysteries

Tuesday and Friday

The Agony of in the Garden

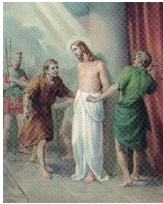


"My Father, if it is possible, let this cup pass Me by, nevertheless, let it be as you, not I, would have it." With you, Mary, may this also become our prayer in our trials.

Jesus – "My table is always set, without interruption. I, the Master, have sacrificed everything! My Self, I give you."

(Spiritual diary – January 16, 1964)

The Scourging at the Pillar

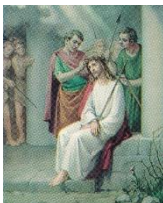


May our suffering, united to the scourging of Jesus, become a prayer offered with you Mary, for our family and for the world.

Jesus – "When receiving Holy Communion, look deeply into your soul and feel the effects My Precious Blood produces within you. Do not be insensitive to that! It is not by habit that you should come to My table, but rather propelled by a love that will be fueled as it touches Mine, and which through Me, and in union with you, will burn away the sins of your soul..."

(Spiritual diary – January 16, 1964)

The Crowning with Thorns



May the thorns which wound our heart make the garden of our life blossom in faith with You, Mary.

Jesus – "Without faith and trust, no virtue can take root in you. They are the foundation of this holy project for which we are preparing."

(Spiritual diary – March 24, 1963)

Jesus Carries the Cross



May our daily cross be made lighter by the sorrowful Cross of Jesus, which has become glorious by His Resurrection.

Jesus – "We give you the strength and courage to take the first steps, but you should not delay accomplishing My will, or simply dismiss it with the back of your hand." (Spiritual diary – July 22, 1963)

The Crucifixion



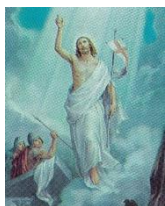
May the loving words uttered by Jesus on the Cross become seeds of life, love and forgiveness in every heart.

Jesus – "If you do not come to Me, how then can I bestow My graces upon you? The fullness of graces is stored up in My Heart. My Heart is an unending source of love." (Spiritual diary – February 10, 1963)

* * * *

Glorious Mysteries Wednesday and Sunday

The Resurrection of Jesus



Through the power of Your Resurrection, grant us Lord the joy of life, and reach out to those who have lost its meaning.

Virgin Mary – "When the consecrated and the laity observe absolute fasting on Monday, they deliver also many poor souls from Purgatory at each Holy Communion during that week at the time they receive the Holy Body of Our Lord Jesus Christ."

(Spiritual diary – August 15, 1980)

The Ascension of Our Lord



"Why are you standing here looking into the sky?" "Go out and proclaim the Good News." May we become, O Lord, authentic witnesses of Your Resurrection.

Jesus – "The Church is in great danger and you cannot remedy the situation with earthly means or efforts. The Most Holy Trinity and the Holy Virgin alone, the Angels and all the Saints, and with the assistance of all the souls delivered by you from Purgatory, are still able to provide for the needs of the Militant Church."

(Spiritual diary – August 15, 1980)

The Descent of the Holy Spirit



Send forth Your Spirit, Lord, and give us the boldness of Your true disciples.

Jesus – "I could compare this torrential flood to the first Pentecost. It will submerge the earth by the power of the Holy Spirit. All mankind will take heed at the time of this great miracle. Here comes the torrential flow of the Flame of Love of My Most Holy Mother. The world, darkened already by the lack of faith, will undergo formidable tremors and then people will believe!"

(Spiritual diary – March 24, 1963)

The Assumption of Mary into Heaven



"I am the Resurrection and the Life." May these words Mary, maintain us in the hope and the certainty of an eternal tomorrow.

Virgin Mary – “Only through speech can My Flame of Love become known. I am standing with sadness in My Heart by the side of the world. You have no right to remain silent, neither by cowardice nor pride, neither by negligence nor fear of sacrifice. The words you speak about Me must be impregnated with all the fervour of your soul so that mankind can be touched by the mystery of Heaven.” (Spiritual diary – July 26, 1971)

Mary's Coronation in Heaven



O Mary, crowned in glory, **enflame** us continually by the Flame of Love of Your Immaculate Heart.

Virgin Mary – “I grant to all of you the grace to be able to see the success of your effort – with regard to the diffusion of My Flame of Love – as well as in each heart taken individually, as well as in your country and the whole world. You who toil and make sacrifices, you will see that My Flame of Love will submerge very soon the whole humanity.” (Spiritual diary – July 11, 1975)

* * * *

Persevere With Me

April 10, 1962

Jesus – “Do not worry, My dear little Carmelite. Do not think, ‘How will I make the Cause prevail?’ I work with chosen souls. Be satisfied with being good. Do you know how to be a good Carmelite? Live humbly. Live the hidden contemplative life in union with Me. Refrain your tongue and be on guard not to say unneeded words.

My love for you knows no limits, My little Carmelite. Do you know how happy I am when you accept the sacrifices I offer you? (He said this with great tenderness.) Persevere with Me! By this, you make Me happy. Desire many souls for Me so I can distribute My graces to them.”

Elizabeth – While I was prostrate before Him, He said:

Jesus – “Do you know that I was awaiting you with a sad heart? You see how lonely I am! You are the only one here. If you did not come, I would be an orphan. You were an orphan, My little one, and you know how bitter it is.”

Elizabeth – He kept talking and instructing me.

Jesus: “I always tell you not to worry that you can give Me only little things. I say again, always remain little. Do you know what we are going to do? You will give Me the little pieces of a mosaic which you collect throughout the day. I will arrange these pieces according to their color and shape. When all is finished, you will marvel to see the work of art that I created. But I cannot be an artist unless you gather the pieces. Without you, I cannot bring about My work of art.”

Elizabeth – Jesus said all of this with a pleading voice.

Weekly Agenda

Elizabeth – One day, He said:

Jesus – “My daughter, I’m now going to specify how each day of the week should be allocated. If you remember, I began to speak about this previously. However, I put this off until today to include more things in your schedule.

Come, if you have time. If you have plenty of it, tell Me. The decision is yours. I respect your free will completely. You flatter Me if you abandon it spontaneously to Me.

Monday

The Day of the Holy Souls

Let all your actions be done with the purpose of helping them. In union with Me, desire that these souls contemplate My Face as early as possible. Offer for them the strict fast as well as prayers during a part of the night. I do not ask this strict fast and prayer just from you. Make public these requests jointly with other messages from My Heart.”

* Editor’s Note

“This supposes that the person has died in the grace of God. In a private conversation, Elizabeth said: “In different places in the Diary it speaks of freeing the souls. Each time I would have had to write ‘If they had died in the grace of God.’ This fact appeared so evident to me that it seemed superfluous.”

Tuesday

Offer this Day for the Family

Jesus – “Make spiritual communions for each member of the family. Offer each person, one by one, to our dear Mother. She will take them under her protection. You will also offer that evening vigil for them.”

Elizabeth – “Lord, I usually sleep deeply. What if I cannot wake up to keep watch?”

Jesus – “I will help you with that as well. If there’s anything too difficult for you, confidently tell our Mother. She also spent many nights in prayer vigils. My daughter, you must be responsible for

your family leading them to Me, each in his own particular way. Ask for My graces on their behalf unceasingly. We will work together and I cannot do without your support. Your most worthy patron is Saint Joseph. Do not forget him, invoke him every day. He will gladly help making our Cause a success.

Wednesday A Day for Priestly Vocations

Ask Me for many young men with a fervent heart. You will get as many as requested because the desire lies in the soul of many young men but there is no one helping them to realize their goal. Do not be overwhelmed. Through the prayers of the night vigil, you can obtain abundant graces for them.

Thursday Reparation to the Blessed Sacrament

On that day, you will spend hours in My sacred Presence. Adore Me with great fervor making reparation for the many offenses inflicted upon Me. Offer the strict fast for the twelve priestly souls.

(It was specifically for Elizabeth, but if you want to do the fast it will be appreciated from Jesus)

Offer also the nocturnal vigil for them. Immerse yourself into My sorrowful agony as I was sweating blood. You will draw great spiritual strength from it.

Friday The Day of My Passion

With all the love of your heart, immerse yourself in My sorrowful Passion. When you arise in the morning, recall what was awaiting Me the entire day after the terrible torments of that night.

While at work, contemplate the Way of the Cross and consider that I did not have any moment of rest. Totally exhausted, I was forced to climb the mount of Calvary. There is much to contemplate. I went to the limit, and I tell you, you cannot go to excess in doing something for Me.

From noon until 3:00 p.m., adore My sacred Wounds. Hopefully you can keep fasting until the time My sacred Body was taken down from the Cross. Then, on that day, offer the night prayer for the twelve

priests. If you accept to sacrifice yourself, My daughter, you will receive an even greater abundance of graces.

Saturday

The day of our Mother

On this day, venerate our Mother in a special way with a very particular tenderness. As you are well aware, she is the Mother of all graces. Wish that she be venerated on earth as she is venerated in Heaven by the multitude of angels and saints. Seek for agonizing priests the grace of a holy death. Offer every moment of the day for that purpose. What a great reward you will receive! In Heaven, priestly souls will intercede for you and the Most Holy Virgin will be waiting for your soul at the hour of your death. Offer the night vigil for this intention also.”

Sunday

Elizabeth – For this day, the loveable Redeemer gives no specific directions.

(This conversation took place approximately in July, but no specific date.)

Explanation on fasting

Jesus gives us a very loving invitation to make sacrifices for souls. He knows how many souls are lost and it is for this reason that He intervenes with this grace of the Flame of Love which surpasses all those he granted after his resurrection. The Virgin Mary has also challenged us for years through various apparitions. We arrived in a time well determined by God to the blindness of Satan. Whether one likes to or not, it is really the blindness of Satan by the Flame of Love, this great grace is given to us only for this specific reason. Thus, souls will be able to decide without any hindrance to choose to follow Jesus to enter with Him into eternity.

Several people asked us; "What should I do about the fast that Jesus asks for?"

We will try to explain it here.

It is easy for a person in good condition to fast strictly with bread and water without affecting their health. It is not the same for those who have physical difficulties or who are taking medication because of certain diseases.

What was asked of Elizabeth Kindelmann is not necessarily asked of all. A person can give what he can and not what he cannot. Jesus knows us and we are not all challenged in the same way. Some people will undertake severe fasts, it remains between Jesus and the soul concerned, it is really a very personal thing.

In a journey with Jesus, we all begin with the first day; so, one day at a time. Reading the Spiritual Diary, you will see that Elizabeth had also proven difficulty and you will see how Jesus even allowed her to eat at the evening meal because she was not in good physical condition.