

UNITY AND THE FLAME OF LOVE

Deacon Norman Alexander

PART I

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The Flame of Love movement in Canada has received authorization to copy the book "Unity and the Flame of Love". We want to thank Deacon Norman Alexander for partnering with the Flame of Love movement in Canada.

This book is an important part of understanding Jesus' message when he asked Elizabeth to fast for 12 priests (March 4th, 1962 and March 7th, 1962 from the "360 Pages Diary").

Why would Jesus ask something like that? We didn't understand why. In this book, "Unity and the Flame of Love", we have received an answer. We thank Deacon Alexander very much for the opportunity to post his book to our online store.

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Elizabeth Kindelmann

The sweet Redeemer asked me to pray with Him the prayer that expresses His deepest desires:

May our feet journey together.

May our hands gather in unity.

May our hearts beat in unison.

May our souls be in harmony.

May our thoughts be as one.

May our ears listen to the silence together.

May our glances profoundly penetrate each other.

May our lips pray together to gain mercy from the Eternal Father.

Jesus – “This prayer is an instrument in your hands. By collaborating with Me, Satan will be blinded by it, and because of his blindness, souls will not be led into sin.”

Introduction

The prayer that Jesus gave to Elizabeth Kindelmann is like a book. It is also like poetry that can be read from top to bottom or in reverse order. Jesus revealed to Elizabeth why some things in her younger days did not work out: because He did not allow them to. Jesus was saving her for the special mission of *The Flame of Love of the Immaculate Heart of Mary*. Everything that she failed to accomplish was later accomplished on a grander scale, and the level of Elizabeth Kindelmann's success cannot be measured.

Though the prayer itself may seem to have nothing to do with Elizabeth, the story always leads back to her life and experiences. The creation of the first man is written in this prayer. The efforts of Elijah to bring the Israelites back to their senses, and of our Lord Jesus, who came for the lost sheep of the house of Israel, are hidden in this prayer. Even the history of Christianity is affected by this prayer, which has earned the title, "Unity Prayer." The name is very fitting—unity is what it accomplishes. Most obviously, the union is between Jesus and Elizabeth Kindelmann. It is a mystical union, and those willing to follow in her footsteps are also invited to experience this mystical union. The prayer reveals a story much larger than life, and it expands over salvation history.

The primary motivation for writing about this prayer is to encourage *Flame of Love* devotees to look deeper into the mysteries of the *Flame of Love* devotion. We have been invited to contemplate the mysteries of the Kingdom, and Jesus wants to enlighten us with the Flame of Love from the Immaculate Heart of His and our Blessed Mother.

There were a few things Elizabeth Kindelmann was not able to accomplish in her youth. A list of things she aspired to accomplish but was not privileged to experience includes:

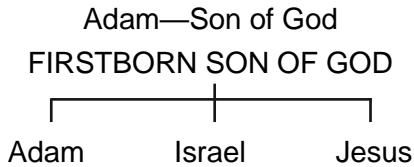
1. Elizabeth wanted to gain an education. She attended elementary school for a short period (approximately four years) but did not have the money to pay for the exams.
2. She wanted to join the Sisters of Perpetual Adoration. She did not have the money needed to contribute for the support of the community or to buy her own clothing.

3. She wanted to become a missionary sister, but was rejected because she was an orphan without a home. The superior said she did not have a true vocation, and Elizabeth only wanted to become a missionary because she was an orphan.
4. Her last attempt to become a missionary sister ended with the prioress of the order telling her Jesus had another mission for her—a mission she must fulfill to the best of her ability.
5. Even with these would-be failures and rejections, Elizabeth's main interests in life remained gaining an education, making people aware of the Lord, and teaching religion.

The following illustration reveals how Jesus allowed Elizabeth to accomplish what she aspired to. This chart leads into Chapter One and the Creation story, which is reflected in the Unity Prayer. However, it is the Fall of Humanity, and our first parents being cast out of Paradise that highlights the need for unity. The Fall is the beginning of division and tension even within the individual, where spirit and flesh are at war. God has a plan to unite his scattered children and lead them back to Paradise. *The Flame of Love of the Immaculate Heart of Mary* emerges as the fulfillment of the missionary work needed to unite the children of God:

JESUS	Unity Prayer	Elizabeth Kindelmann	Spiritual Diary
REDEEMER	1. May our feet journey together 2. May our hands gather in unity	Missionary	Page 160: Jesus said, "You no longer doubt that I have chosen you to be a worker of Redemption. Many missionary priests cannot do more than you do."
MUSICIAN	3. May our hearts beat in unison 4. May our souls be in harmony	Harp	Page 233: "My Elizabeth, you have become My harp. The sacrifices which you continually accept are the chords of the harp." Page 275: "On the chords of your soul, I play the melody of repentance."
TEACHER	5. May our thoughts be as one 6. May our ears listen to the silence together	Student	Page 83: "I teach you, so you learn and teach others how to gather souls."
ADORED	7. May our glances profoundly penetrate each other 8. May our lips pray together to gain mercy from the Eternal Father	Perpetual Adoration on and Intercession	Page 47: "During the day, let not the flame of your sacrifices fade away. See to it that the love of many victim souls rise up to Me, and through My intercession, obtain the mercy of the heavenly Father."

Chapter One



When I think of the Creation story, I always picture the earth submerged underwater and covered in darkness. This seems accurate when we consider the Word of God in the first chapter of Genesis, which reads, *“In the beginning, when God created the heavens and the earth, the earth was a formless wasteland, and darkness covered the abyss, while a mighty wind swept over the waters”* (Genesis 1:1-2). It appears that the Lord God displaced the darkness with light, and the waters with dry land. The earth became habitable for growing plants, but only after the Lord God freed the earth from being submerged underwater. Once the dry land appeared, God said, *“Let the earth bring forth vegetation: every kind of plant that bears seed and every kind of fruit tree on earth that bears fruit with its seed in it. And so it happened* (Genesis 10:11).

The Drought

Now let’s consider the second story of Creation in the second chapter of Genesis. *“At the time when the Lord God made the earth and the heavens – while as yet there was no field shrub on earth and no grass of the field had sprouted, for the Lord God had sent no rain upon the earth and there was no man to till the soil, but a stream was welling up out of the earth and was watering all the surface of the ground – The Lord God formed man out of the clay of the ground and blew into his nostrils the breath of life, and so man became a living being”* (Genesis 2:4-7).

The Body

The appearance of a drought would mean that the dust particles remained separate. Nothing can be built from dust alone, and it would take water to hold the dust particles together in order to form a being, such as man. Made of many particles and formed into a single being—this is how the Lord God chose to form man. This is

the first of three important phases of creation when God formed man from the clay of the earth.

The Interior

When God blew the breath of life into the nostrils of the man, life began for him. Man became a living being. We cannot be certain about the body of the first man, Adam, or its properties before he sinned, since there was no corruption or dying. The body of the first man we may presume was somewhat different than our earthly bodies. Man became a living being when he received the breath of life from God. For us, this means we have a soul that animates our body, and a heart that takes the breath of life to every part of the body. Since *The Flame of Love of the Immaculate Heart of Mary* first came forth from Mount Carmel, I believe it is important to reflect on what St. John of the Cross speaks of in his book, *The Dark Night*. St. John speaks of the interior life as a soul with an upper chamber and a lower chamber. The upper chamber is spiritual, and the lower chamber is sensual. We can relate this to the soul as the upper chamber that is purely spiritual, and the heart which is flesh, but reflects our spiritual being.

The Head

Man became a living being, yet he needed something to sustain his life. God gave man the Word of God to sustain his life for all eternity. Had man obeyed the Word of God, he could have avoided death. So, the Word of God came to man through his hearing and must remain alive in order to govern man's body. The head governs the body, because the Word of God governs from above. In these three steps God created man. First the body, then the breath of life causes man to become a living being, and in the third step man was given the Word of God to sustain his life. He had a choice to obey God by eating from all the trees in the garden which God proclaimed were good for food or to disobey God by eating the fruit from the Tree of Knowledge of Good and Evil, which God forbid him to eat from. The choice also was to remain faithful and trust God; to believe God and obey His Word or to demand proof and certitude, which is what the devil had offered. For man to remain the image and likeness of God, he must remain good. If he chooses good and evil, then he is no longer all good and holy as his Creator. All good is perfect, but good and evil is flawed.

The Fall

God created man and elevated him to an exalted position, giving him dominion over the earth. When man disobeyed God, he rejected the Word of God. The consequences were tragic: the breath of life returned to God, and man returned to the ground from which he was taken. God raised man up from the clay of the earth in three steps. Man fell from grace in three steps. First, he sinned by eating the forbidden fruit. Next, he and his wife covered their loins with fig leaves, and lastly, they hid themselves from God among the trees. These three steps are in reverse order of the Creation.

Redemption

God in His infinite love and mercy gave the man and woman the chance to repent. Since they were not willing to repent, God saved them from eternal damnation by preventing them from eating the fruit from the Tree of Life. God did not want the man and his wife to live forever in an unrepentant state as the fallen angels did. Thus he placed the cherubim with the flaming sword going every way to prevent the man and his wife from eating the fruit from the Tree of Life. This is a great act of mercy. To eat from both trees is damnation; man must choose one or the other. If he reserves the right to eat from the Tree of Knowledge of Good and Evil—which means he judges for himself what is good and evil—he must not eat from the Tree of Life, and live forever in this rebellious state.

The man and woman covered their loins with fig leaves, but God covered their loins with skins or leather garments. Something was sacrificed and gave up the breath in place of Adam and Eve. As far as returning to the ground, they hid themselves from God among the trees. God's answer to this was to cast them out of Paradise facing East. Even this was an act of mercy and part of God's plan of salvation. Yes, they hid among the trees to avoid returning to the ground. God's plan of salvation allows for humankind to be preserved, and life for us begins hidden in the womb. Although humanity was cast out of Paradise, it was with the purpose of bringing them back.

All the descendants of Adam share a common story. This is our story, and probably what Dr. Martin Luther King Jr. meant when he spoke of the universal brotherhood of all mankind. This universal

brotherhood consists of everyone who inherits the original sin. All the kingdoms of the world are made up of the descendants of Adam, banished from Paradise when our first parents Adam and Eve were cast out facing East. The kingdoms of the world are scattered throughout the earth as the dust particles were before the Lord God formed the first man from the clay of the ground. The water united the particles of dust into clay, and from this unity of members God formed the body of the first man, Adam. The genealogy of Jesus Christ in the Gospel of Luke descends in chronological order down to the first man, Adam, the son of God.

4. FACE – Could Adam have interceded for Eve before he sinned?



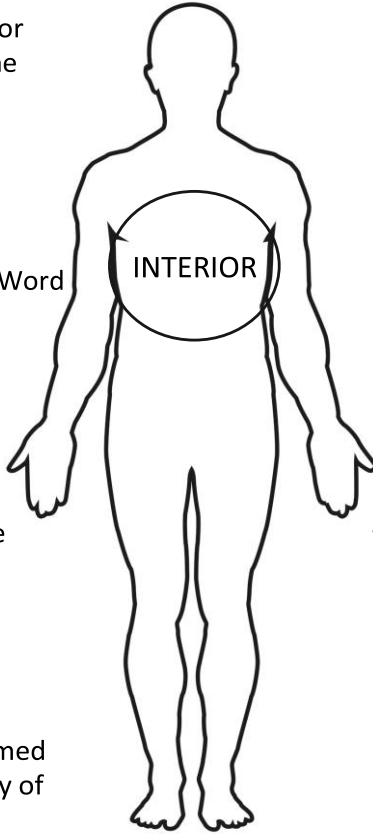
3. HEAD – The Word of God



2. INTERIOR – Breath of life from God



1. BODY – Formed from the clay of the earth



8. May our lips pray together to gain mercy from the Eternal Father.

7. May our glances profoundly penetrate each



6. May our ears listen to the silence together.

5. May our thoughts be as one



4. May our souls be in harmony.

3. May our hearts beat in unison.



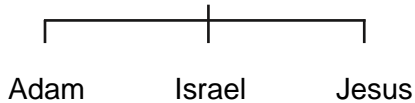
2. May our hands gather in unity.

1. May our feet journey together.

Chapter Two

Israel — Firstborn Son of God

FIRSTBORN SON OF GOD



God formed a people from among the nations of the world. When it appeared that all of humanity would be lost to the worship of false gods, the Lord began to form a people He would call his own, beginning with Abram and Sarai.

After 430 years of slavery in Egypt, God called His son Israel out of Egypt. The Lord instructed Moses to say to Pharaoh: “Thus says the Lord: Israel is my son, my first-born. Hence I tell you: Let my son go, that he may serve me. If you refuse to let him go, I warn you, I will kill your son, your firstborn” (Exodus 4:22-23).

The Drought

The tribes of Israel went to Egypt to escape a severe famine that affected the whole world. After 430 years of slavery, Israel faced a famine in the sense that they were not allowed to offer sacrifice to God. However, on the night of the first Passover, the Israelites offered sacrifice to God and were thus permitted by Pharaoh to leave Egypt and go on a three-day journey in the desert to offer sacrifice to God. Coming through the Red Sea was a symbol of baptism, and they were brought together as one body in a similar way as the first man, Adam, was formed from the clay of the ground. Israel came through the Red Sea and were formed into a people, a nation, a kingdom of priests.

Israel became a living being when God began to dwell in their midst. Moses was their prophet, and Aaron their high priest, but they did not have a king, because God is their Savior and their King. The interior life of Israel was that the living God dwelled in their midst. No other nation in the world had the Creator dwelling in their midst. All peoples of the world were worshipping false gods, the worship of creation and creatures.

Why was Israel given this privilege? It appears that God wanted to use them to lead the rest of the world back to Himself, the true God, creator of heaven and earth. God chose them, they did not choose God. Another reason Israel would not have a king is because God wanted to use them to drive out the wicked nations from the land of Canaan. Israel did not have its feet planted among the trees, as Adam attempted to do. A king must have a domain. And Israel did not have a domain. They were serving as God's military to take back what belonged to God, which is the whole world.

The Fall

The Israelites were allowed many opportunities to be the image and likeness of God, but they continued to put God to the test. Adam fell as prophet, when he disobeyed the Word of God. As priest his sacrifice was not acceptable; they covered their loins with fig leaves. Adam gave up dominion over the earth and became a slave. He was no longer a king, and he could not hide among the trees from God, because Paradise was no longer his domain.

God gave Israel the opportunity to succeed as prophet, priest and King. Moses the prophet disobeyed God when he struck the rock

twice, because he was instructed to speak to the rock. Because of this, Moses was not allowed to enter the Promised Land. Aaron the high priest made the golden calf, and the firstborn of Israel lost their place of honor leading the worship. When Israel demanded to have a King, although this was against the Will of God, He let them have their way.

However, King Solomon—who built the temple, known as the First Temple—led the Israelites away from the temple worship. The temple was the only place permitted to offer sacrifice, and the sacrifices were to be offered by the Levite priest. Solomon sinned as Adam did, when he listened to his wives and disobeyed God. In reality, Solomon disobeyed God first by marrying foreign women, and afterwards he listened to his wives. All the kings of Israel continued in the sin of Solomon. The sin could not be inherited as the original sin, but the people caused themselves to be banished from the law, the priesthood, and the temple. Every king of Israel after Solomon appointed laymen to offer sacrifice in the high places. This is why I say that the kings of Israel continued in the sin of Solomon. They were banished from the temple. Solomon caused them to be banished from the temple as Adam caused us to be banished from Paradise. The kings of Israel functioned as men do in reproduction—the exception being that the sin is not inherited.

Drought Predicted by Elijah

God does not give up on his people. He sent Elijah to bring them back to their senses, and to turn their hearts back to their fathers. *“Elijah said to Ahab: ‘As the Lord, the God of Israel, lives, whom I serve, during these years there shall be no dew or rain except at my word’”* (1 Kings 17:1). The drought was severe and the brook that Elijah drank from ran dry, because no rain had fallen in the land. The Lord said to him: *“Move on to Zarephath of Sidon and stay there. I have designated a widow there to provide for you. He left and went to Zarephath. As he arrived at the entrance of the city, a widow was gathering sticks there; he called out to her, ‘Please bring me a small cupful of water to drink’”* (1 Kings 17: 9-10). Elijah used this opportunity to draw her to himself. The cup of water is the symbol of what unites her and her family to Elijah, although what Elijah will give to her is superior to a small cup of water. *“She left to get it, and he called out after her, ‘Please bring along a bit of bread.’ ‘As the Lord, your God, lives,’ she answered, ‘I have nothing baked; there is only a handful of flour in my jar and a little oil in my jug. Just*

now I was collecting a couple of sticks, to go in and prepare something for myself and my son; when we have eaten it, we shall die.’ ‘Do not be afraid,’ Elijah said to her. ‘Go and do as you propose. But first make me a little cake and bring it to me. Then you can prepare something for yourself and your son. For the Lord, the God of Israel, says, “The jar of flour shall not go empty, nor the jug of oil run dry, until the day when the Lord sends rain upon the earth.” (1 Kings 17:11-14).’ With these words Elijah gave the widow a drink, the Word of God. The widow and her son were united with Elijah as a family.

Interior

“She left and did as Elijah had said. She was able to eat for a year, and he and her son as well; the jar of flour did not go empty, nor the jug of oil run dry, as the Lord had foretold through Elijah” (1 Kings 17:15-16). She experienced an interior resurrection since she was at the point of death, but now lives because she believed the Word of God. Yet, it appears that they had not reached the highest level in their ascent to Mount Carmel.

*“Some time later her son grew sick and died. So she said to Elijah, ‘Why have you done this to me. O man of God? Have you come to me to call attention to my guilt and to kill my son?’” (1 Kings 17:18) It is interesting to note that some Bible translations, especially earlier ones, read: *call attention to my sin*. Not sins, but sin in the singular sense. Again, this is a reference to St. John of the Cross and *The Dark Night*.*

“Give me your son,” Elijah said to her. Taking him from her lap, he carried him to the upper room where he was staying, and laid him on his own bed. He called out to the Lord: ‘O Lord my God, will you afflict even the widow with whom I am staying by killing her son?’ Then he stretched himself out upon the child three times and called out to the Lord: ‘O Lord, my God, let the life breath return to the body of this child.’ The Lord heard the prayer of Elijah; the life breath returned to the child’s body and he revived. Taking the child, Elijah brought him down into the house from the upper room and gave him to his mother. ‘See!’ Elijah said to her, ‘your son is alive.’”

The Choice to Believe or Not

“Now indeed I know that you are a man of God,” the woman replied to Elijah. “The word of the Lord comes truly from your mouth” (1 Kings 17:19-24). Her son was raised to life and she believed, but it was because she was able to see. As Elijah said to her, “See! your son is alive.” She was given the choice to believe or not believe and for her, seeing was believing. She put her trust in the Word of the Lord from the mouth of the prophet and she was allowed to see. Faith comes through hearing but the faithful will be allowed to see and understand what they believe by faith. *“The word of the Lord comes truly from your mouth”* is what Eve did not believe about Adam. Our troubles began and continues in the rejection of legitimately established authority.

Elijah and the Prophets of Baal

The story of Elijah and the widow sets the stage for Elijah and the Prophets of Baal. Elijah moved in with the widow and this foreshadows Jesus moving in with the widow Elizabeth Kindelmann. Moreover, Jesus moved in with Elizabeth, John the Baptist’s mother. Elizabeth, Zechariah’s wife, is not a widow, but her husband lost his voice, the way Adam lost his voice as prophet. If Adam and Eve were married as prophet and prophetess, when Adam sinned, he lost his voice and experienced a spiritual death. The prophetess had become widowed. Jesus restored Zechariah’s voice and He would also go and search for Adam in the belly of the earth, in the same way that he freed John the Baptist from the original sin from within his mother’s womb. John the Baptist gathered the Israelites the way Elijah gathered the Israelites on Mount Carmel. John the Baptist had to first go out to them, then draw them to himself in baptism, but this was done so that Jesus would baptize them with the Holy Spirit and with fire. *The Flame of Love Prayer* that Jesus gave to Elizabeth Kindelmann allowed her to become a missionary with Jesus. We are called to become missionaries in the same way. May our feet journey together as John the Baptist and Elijah did. May our hands gather in unity to unite families, strengthen the faith of Christians and ultimately help unbelievers to put their trust in God.

The Drought continues

So how is the story of Elijah and the widow prophetic in revealing the story of Elijah and the Prophets of Baal? When Elijah announced the drought, he also revealed that it would be at his word that the drought would end. The false gods that Israel had put their trust in could not bring rain. Elijah would have to show the Israelites that he is the prophet of the true God of Israel and he could bring the rain because he speaks the Word of the Lord.

“Long afterward, in the third year, the Lord spoke to Elijah. ‘Go, present yourself to Ahab,’ he said, ‘that I may send rain upon the earth.’ Now the famine in Samaria was bitter” (1 Kings 18:1,2). The grass of the field and the shrubs would not grow although the seeds remained in the ground. In addition, Jezebel had killed all the prophets of the Lord, so only Elijah remained. The Lord heard the blood of Abel crying out to him from the ground. The blood of the prophets during the time of Elijah would more than likely have cried out to the Lord. Even in our time the blood of the martyrs is seed for the Church.

The Body

“Elijah told Ahab, ‘Now summon all Israel to me on Mount Carmel, as well as the four hundred and fifty prophets of Baal and the four hundred prophets of Asherah who eat at Jezebel’s table. So, Ahab sent to all the Israelites and had the prophets assemble on Mount Carmel.’” This is how Elijah drew all the Israelites to himself. *“Elijah appealed to all the people and said, ‘How long will you straddle the issue? If the Lord is God, follow him; if Baal, follow him.’ The people, however, did not answer him. So Elijah said to the people, ‘I am the only surviving prophet of the Lord, and there are four hundred and fifty prophets of Baal. Give us two young bulls. Let them choose one, cut it into pieces, and place it on the wood, but start no fire. I shall prepare the other and place it on the wood, but shall start no fire. You shall call on your gods, and I will call on the Lord. The God who answers with fire is God.’ All the people answered, ‘Agreed’”* (1 Kings 18:19-24). The prophets of Baal offered their sacrifice and called on Baal from morning until noon, but no one answered. They slashed themselves with swords and spears, as was their custom, until blood gushed over them. But there was not a sound; no one answered, and no one was listening.

Interior

“Then Elijah said to all the people, ‘Come here to me.’ When they had done so, he repaired the altar of the Lord which had been destroyed. He took twelve stones, for the number of tribes of the sons of Jacob, to whom the Lord had said, ‘Your name shall be Israel.’ He built an altar in honor of the Lord with the stones and, made a trench around the altar large enough for two seahs of grain” (1 Kings 18:30-32). Elijah repaired the altar in the way that he restored life to the widow and her son, especially since they were at the point of death when he met them. The two of them ate from the flour and oil which did not run out.

The young bull was cut into pieces and laid on the wood. It is obvious that the bull was dead, but Elijah had water poured on the bull three times as he had stretched himself over the widow’s son three times. Four jars of water poured over the holocaust three times and filled the trench. *“At the time for offering sacrifice, the prophet Elijah came forward and said, ‘Lord, God of Abraham, Isaac, and Israel, let it be known this day that you are God in Israel and that I am your servant and have done all these things by your command. Answer me, Lord! Answer me, that this people may know that you, Lord, are God and that you have brought them back to their senses.’ The Lord’s fire came down and consumed the holocaust, wood, stones and dust, and it lapped up the water in the trench.”*

The Choice to Believe or Not

“Seeing this, all the people fell prostrate and said, ‘The Lord is God! The Lord is God!’” (1 King 18:36-39) The fire of the Lord consumed the sacrifice as the breath of life returned to the widow’s son. Likewise, the people believed because they had the opportunity to see. It was proven to them that the Lord is God, and Elijah is his prophet.

ELIJAH AND THE WIDOW		ELIJAH AND ISRAEL	
Body	Elijah and the widow- Bring me a small cup of water	Body	Gather all Israel on Mt. Carmel: Come here to me
Interior	1. Flour and oil 2. Raised her son to life	Interior	1. Repair the altar 2. Fire consumed the sacrifice
Head	Choice Believed—Now I know you are a man of God.	Head	Choice Believed—The Lord is God! The Lord is God!